

Weekly Bulletin

February 22, 2026

Forgiveness Sunday

WEEKLY BULLETIN www.holyapostleschurch.com

SUNDAY

8:15 a.m. Orthros
9:30 a.m. Divine Liturgy (Sunday School following communion)
Memorials: Vasiliki (Bessie) Kovatchis, Christos Natsis, Demetrios Papadimas,
Konstantinos (Dene) Stamas
Macaronatha: Luncheon is hosted by the Parish Council
40 Day Blessing: Anastasia Miranda and daughter, Sophia

6:00 p.m. Forgiveness Vespers at Holy Trinity

MONDAY

10:00 a.m. Open Confession
7:00 p.m. Holy Unction

TUESDAY

4:30 p.m. Greek School
6:00 p.m. Great Compline
7:00 p.m. GOYA Meeting

WEDNESDAY

10:00 a.m. TOTS
5:30 p.m. Ninth Hour/Pre-Sanctified Liturgy
7:00 p.m. Pre-Sanctified Dinner: Hosted by the Healthcare Ministry
7:00 p.m. Jr. GOYA

THURSDAY

6:45 a.m. Brotherhood of St. Peter the Apostle
1:00 p.m. Bible Study
4:30 p.m. Greek School
6:00 p.m. Great Compline
7:00 p.m. Parish Family Ministry Meeting
7:30 p.m. YAL Bible Study

FRIDAY

7:00 p.m. Salutations to the Theotokos
8:00 p.m. Communing with the Saints: St. Moses the Black
8:15 p.m. Choir Rehearsal

SATURDAY

8:00 a.m. Orthros
9:00 a.m. Divine Liturgy
10:30 a.m. Philoptochos Blanket Making
4:00 p.m. Open Confession
5:00 p.m. Vespers

FEBRUARY 22: FORGIVENESS SUNDAY

Orthros
Divine Liturgy (Sunday School following communion)
Vasiliki (Bessie) Kovatchis, Christos Natsis, Demetrios Papadimas,
Konstantinos (Dene) Stamas
Luncheon is hosted by the Parish Council
Anastasia Miranda and daughter, Sophia
Forgiveness Vespers at Holy Trinity

FEBRUARY 23: CLEAN MONDAY

Open Confession
Holy Unction

FEBRUARY 24

Greek School
Great Compline
GOYA Meeting

FEBRUARY 25

TOTS
Ninth Hour/Pre-Sanctified Liturgy
Pre-Sanctified Dinner: Hosted by the Healthcare Ministry
Jr. GOYA

FEBRUARY 26

Brotherhood of St. Peter the Apostle
Bible Study
Greek School
Great Compline
Parish Family Ministry Meeting
YAL Bible Study

FEBRUARY 27

Salutations to the Theotokos
Communing with the Saints: St. Moses the Black
Choir Rehearsal

FEBRUARY 28: SATURDAY OF SOULS

Orthros
Divine Liturgy
Philoptochos Blanket Making
Open Confession
Vespers

Epistle Reading – Romans 13:11 – 14; 14:1 – 4

Reader: Madeline Kubesh

Gospel Reading – Matthew 6:14 – 21

Sunday School: The 4th and 5th graders should come sit in the front row for liturgy this morning. Sunday School is in session today and will begin following communion.

Resurrectional Apolytikion: Mode 4

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, “Death has been despoiled! Christ God has risen, granting great mercy to the world!”

Ἀπολυτίκιον Ἀναστάσιμον: Ἦχος δ΄

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριά, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

To fethrón tis anastáseos kírygma, ek tu Angéλου mathússe ai tu Kyríu Mathítριά, ke tin progónikín apófasin aporrípsase, tis Apostólis kachómenai élegon Eskýlefte o thánatos, igérthi Christós o Theós, dorúmenos to kósmo to méga éleos.

The Epistle – Romans 13:11 – 14; 14:1 – 4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

The Gospel – Matthew 6:14 – 21

The Lord said, “If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

Feed the Hungry: On Monday, March 2nd at 3:00 pm we will be preparing sack lunches at church in the multipurpose room. We will distribute the lunches the following day on Tuesday, March 3rd at the Annunciation Greek Orthodox Church in Chicago. If you are interested in helping out either day, please contact Anne Theophilos at 630-460-0712.

Feed My Starving Children: Holy Apostles Philoptochos invites parishioners to participate in a Lenten service project at Feed My Starving Children in Aurora on Saturday, March 7, from 9-10:45 am. They will pack specially formulated meals to be sent to children in need. All ages, 5 and up, are welcome to volunteer. There are some seated jobs available labeling food bags, too. This is a great way to earn service hours. Please contact Emily Rehn at platovalentine@hotmail.com or 708-369-9365 to volunteer or ask questions.

Fanari Scholarships Available: Fanari Summer Camp is just around the corner! This is a wonderful opportunity to engage Orthodox Christian youth in an exciting, Christ-centered camp experience that brings them closer to God, the Church, and their community. Families registering for Fanari Camp this year who need financial assistance should note that, in addition to applying for a camp grant, the Holy Apostles Philoptochos Society awards scholarships each year to two campers. Scholarship consideration is handled directly through the camper's registration with Fanari Camp.

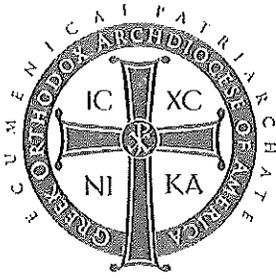
Project Mexico: There are two more opportunities for you to attend an informational session for Project Mexico:

- An online meeting (Zoom or MS Teams) on **February 24 at 12pm CST**. Please email Thania Panopoulos at tdpanopoulos@gmail.com to receive a link.
- An in person informational session hosted by Norm Pomrening directly after church in the GOYA room on **March 8**. No RSVP is required to attend this meeting.

Project HOPE Update: The Hillside Food Pantry (HFP), which operates out of Immanuel Lutheran Church Church one block to the north of us, has been the recipient of our Project HOPE Bags for several years. HFP hosts a monthly drive-thru food pantry, no questions asked. Below is a "Thank You" and summary of the Holy Apostles donations from the Hillside Food Pantry Director.

- "Your congregation of generous supporters has enabled us to serve many individuals. We thank God for all of you who have helped relieve a great burden on our neighbors."
- "We highly value our relationship with the Holy Apostles congregation. We know it takes a lot of work. Our patrons are truly grateful for your HOPE Outreach Ministry."

In 2025, 3950 pounds of food were received between HOPE Bags and purchased food (like the Holiday Food Collection). This roughly translates to 3292 meals. The Holy Apostles Project HOPE Team thanks the community for their support of this ministry. It clearly has an impact on our neighbors in need. Let us strive to do even more in 2026. If you have any questions regarding the Project HOPE Ministry, please contact either Faye Adams at geofaye.adams@gmail.com or Maria Patt at mdpatt59@comcast.net.



METROPOLIS
OF CHICAGO

You're Invited!

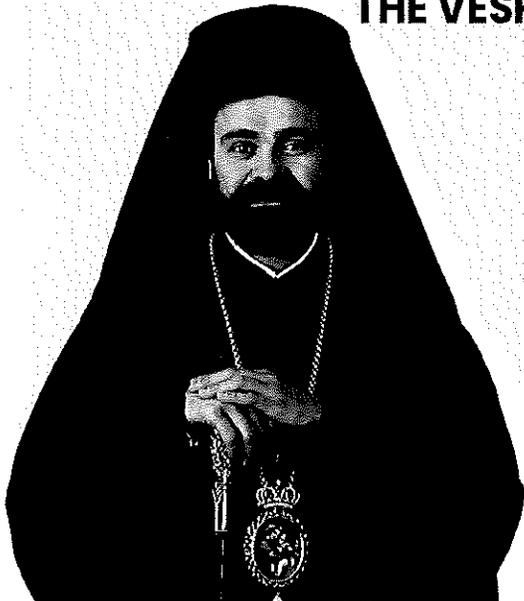


FORGIVENESS

Vespers of

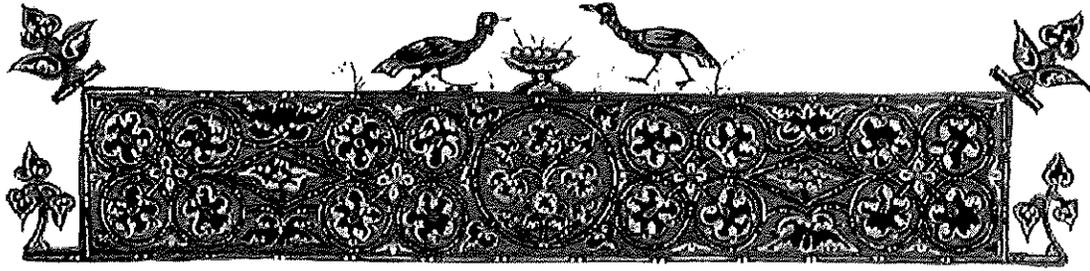
FEBRUARY 22, 2026

THE VESPERS WILL START AT 6:00 PM



**HOLY TRINITY GREEK
ORTHODOX CHURCH**
10050 IVANHOE AVE.
SCHILLER PARK, IL 60176

PRESIDED BY HIS EMINENCE
METROPOLITAN NATHANAEL



Triumph Of Orthodoxy

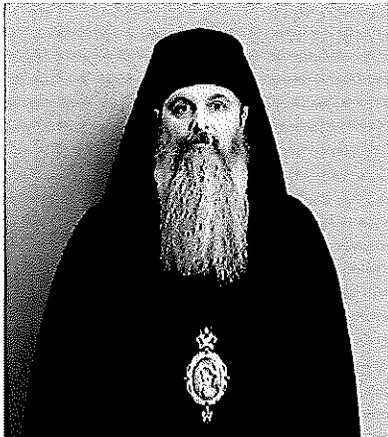
PAN ORTHODOX VESPERS

Sponsored by the Orthodox Christian Clergy Association of Greater Chicago



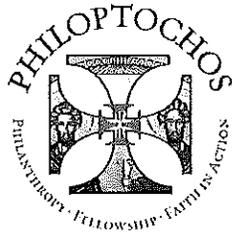
Sunday, March 1, 2026
at 6:30 p.m.

Holy Resurrection
Serbian Orthodox Cathedral
5701 N Redwood Drive, Chicago, IL



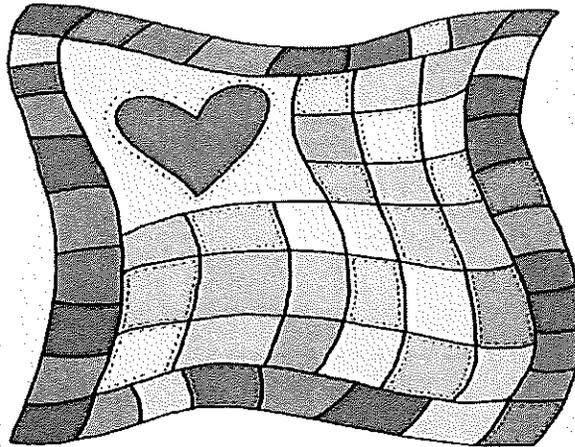
Homilist:
His Grace Bishop Serafim
of Kostajnica
Vicar of the Diocese of
New Gračanica-Midwestern America

Responses by
The Pan Orthodox Choir of Greater Chicago
Gordana Trbuhovich, Director



Blankets of L♥ve

Throughout February



Philoptochos is collecting knitted, crocheted, and fleece blankets throughout February. Those who are unable to make a blanket can still participate by donating money for supplies online at <http://www.tinyurl.com/haphilo2501> or by sending a check to the church office.

The next blanket making event will be held on February 28 at 10:30AM in the multi-purpose room. We will be making full size blankets that will be donated to Phil's Friends and baby blankets that will go to the People's Resource Center. Please sign up using the following link:
[Blanket Making Sign Up](#)

For more information, please contact Faye Adams at geofaye.adams@gmail.com or (630) 517-8097 or Nicole Kubesh at nkubesh73@gmail.com or (773) 972-5857



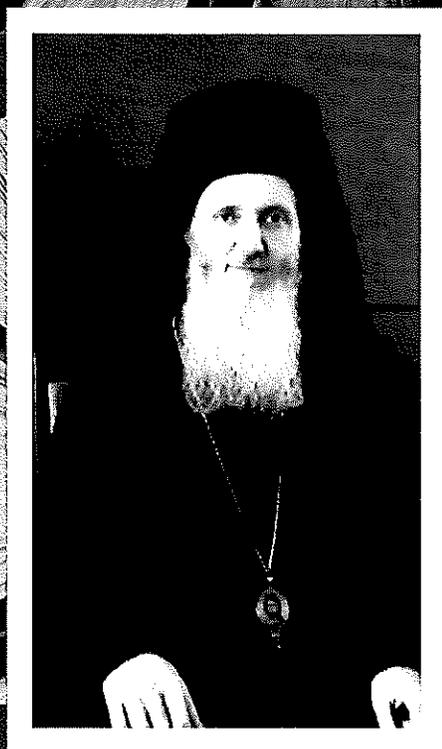
Sign Up



Donate

CELEBRATION OF BOOKS

HOLY APOSTLES GREEK ORTHODOX CHURCH



SUNDAY, MARCH 8TH
6:30 PM SOLEMN VESPERS
8:00 PM PRESENTATION

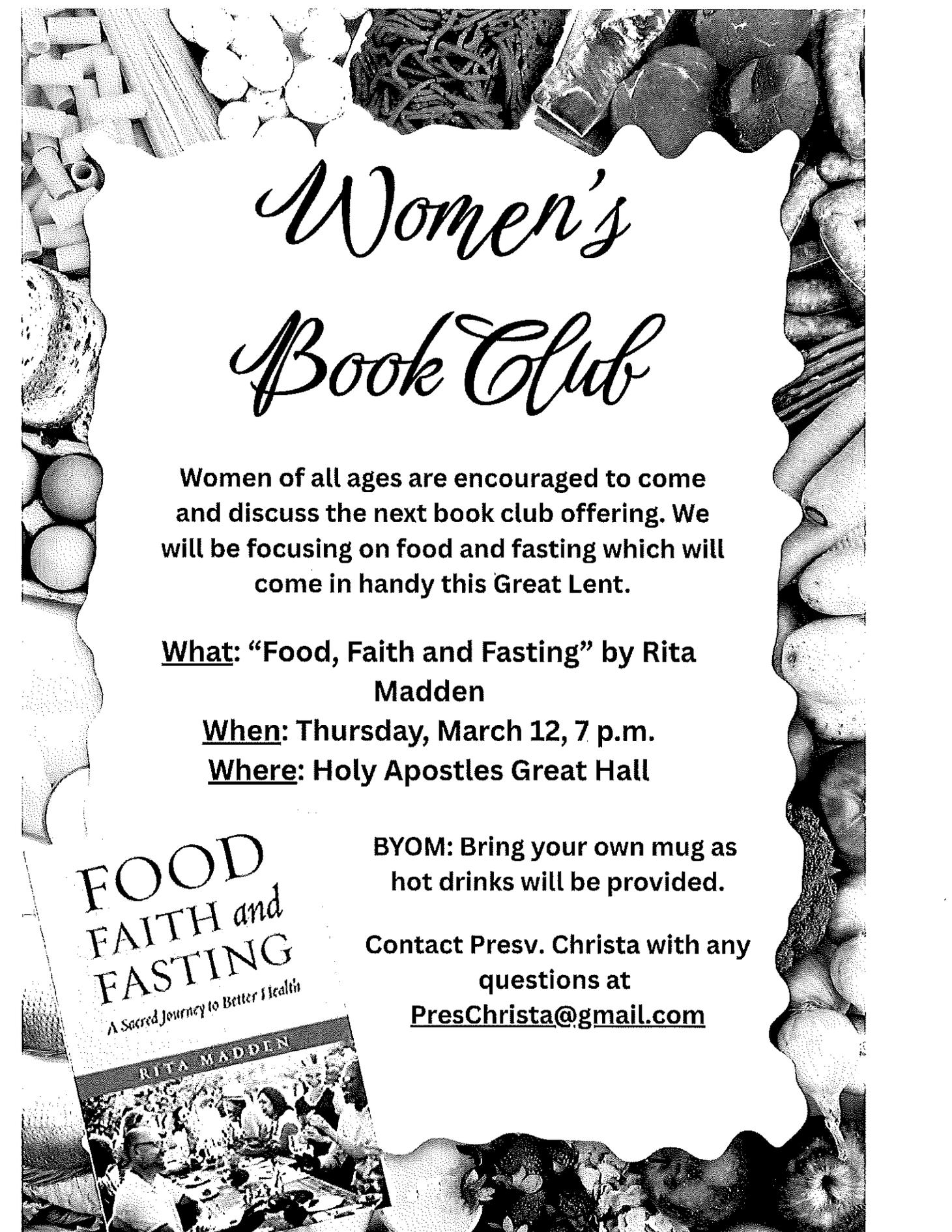
“SELF-
EMPTYING
(KENOSIS)
AND
ORTHODOX
WITNESS”

PRESENTED BY
HIS EMINENCE
METROPOLITAN
AMBROSIOS OF
KOREA AND
EXARCH OF
JAPAN

TUESDAY, MARCH 10TH
7:00 PM

“ORTHODOX
WITNESS IN KOREA”

CO-PRESENTED BY HIS
EMINENCE MET.
AMBROSIOS AND DN.
PERRY HAMALIS, PH.D.



Women's Book Club

Women of all ages are encouraged to come and discuss the next book club offering. We will be focusing on food and fasting which will come in handy this Great Lent.

What: “Food, Faith and Fasting” by Rita Madden

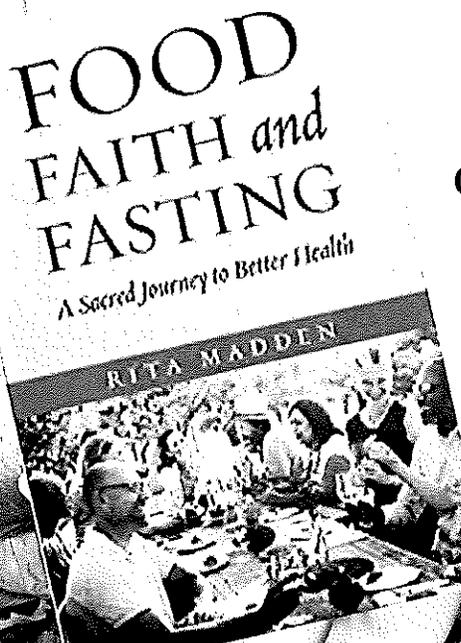
When: Thursday, March 12, 7 p.m.

Where: Holy Apostles Great Hall

BYOM: Bring your own mug as hot drinks will be provided.

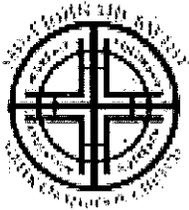
Contact Presv. Christa with any questions at

PresChrista@gmail.com



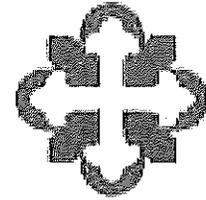
**FOOD
FAITH and
FASTING**
A Sacred Journey to Better Health

RYTA MADDEN



SPRING RETREAT

THE CROSS OF MARRIAGE, THE CROSS OF PARENTING & THE RESURRECTION



March 14, 2026 • 10:00 am - 4:00 pm
at the St. Iakovos Retreat Center
920 224th Ave, Kansasville, WI 53139



FR. SOTIRIOS MALAMIS



FR. GEORGE DOKOS

SCAN TO
REGISTER



10:00 am - Opening

10:30 am - Speaker: Fr. Sotirios Malamis:
Marriage: A Shared Cross,
A Shared Grace

11:30 am - Speaker: Fr. George Dokos:
Generational Holiness

12:30pm - Lunch

1:30 pm - Couples Panel Discussion

3:00 pm - Close and Vespers



Join us for a family retreat with special guest speakers.
We will have breakout groups for the following ages:
Adults, GOYA (high school), Jr. GOYA (Middle School),
FAITH/JOY (elementary school), and childcare for Toddlers!

Bus available



for seniors!

**Cost: \$25 per person
(capped at \$75)**

Lunch provided



Sponsored by the Stewardship Committee



TRAVEL WITH US

CHANGE A LIFE

PROJECT MEXICO

JULY 16 - 22, 2026

Building Homes. Transforming Lives. Serving Christ.

Project Mexico and St. Innocent Orphanage is an Orthodox Christian nonprofit dedicated to transforming lives through service, shelter, and faith. Since 1988 they have built 450+ homes for impoverished families in Mexico and provided loving care, education, and spiritual guidance to orphaned and vulnerable children.

Homebuilding is more than just construction, it's a life-changing experience. A team of Holy Apostles parishioners will travel to Northern Mexico, to build a safe and secure home for an impoverished family. The home is built entirely with volunteer labor. No prior construction experience necessary. You will be housed in tents on a campground on the property shared with the St Innocent Orphanage.

The trip is open to:

- Parishioners of Holy Apostles Greek Orthodox Church
- Individual participants should be 18 years of age or older
- Participants between 12-17 years must be accompanied by a parent or guardian
- Orthodox Christian Fellowship (OCF) college chapter
- Mission-minded families and individuals

Thania Panopoulos (tdpanopoulos@gmail.com) and Norm Pomrening (pomrening@comcast.com) will co-lead the team on this transformational journey. We encourage young adults to participate. Check out projectmexico.org.

The cost to participate in a Project Mexico Home Building Project is \$900 per person. This cost includes building materials, three meals per day, tools, supplies, staffing and other costs necessary to sustain the program. Additionally, participants are responsible for their roundtrip flight from Chicago to San Diego.

Holy Apostles will be supporting this trip through free will contributions from parishioners. Money raised for this trip will be applied to the associated costs. Net proceeds from the Macaronatha Luncheon, February 22nd, will help defray some expenses for the Project Mexico team.

If you are interested in being a Project Mexico participant, or have questions, please click on the jot form link. We invite you to donate to this very important mission work where the Holy Apostles community, collectively, can make such profound impact.

I'M INTERESTED

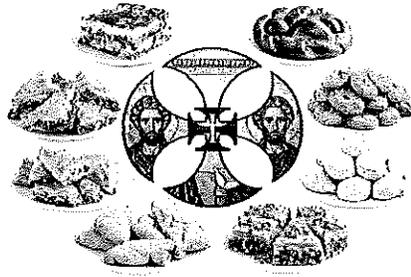


form.jotform.com/220614299323151

I'D LIKE TO DONATE TO PROJECT MEXICO



secure.myvanco.com/L-ZADA/campaign/C-13R4P



Holy Apostles Philoptochos Drive-by Easter Food Sale!

KOULOURLAKIA ~ KOURAMBIEDES ~ BAKLAVA
PASTITSIO ~ SPANAKOPITES ~ TIROPITES
TSOUREKIA ~ MELOMAKARONA

Order online www.tinyurl.com/haphilo2501
or at Coffee Hour on March 1, 8, 15

Pastitsio, Spanakopites, & Tiropites must be ordered by March 18
Everything else must be ordered by March 25

Pickup is Saturday, April 4 between 11:00 AM and 1:00 PM
at Holy Apostles Church

If you have any questions, please contact Karen Anagnos at
kanagnos1@gmail.com



Memorial Luminaria

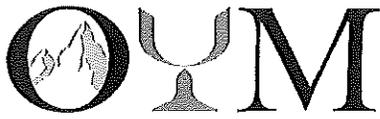
If you would like to honor a loved one with a luminary on Holy Friday, please submit your names by Sunday, March 29 using the QR code below, the link in the weekly email, our website, or the sign-up sheet in the multipurpose room after Divine Liturgy on Sundays beginning March 1st.

This year, all proceeds will be donated to the Cardinal Bernardin Cancer Center in memory of Elaine Katzioris.



Outdoor Orthodoxy

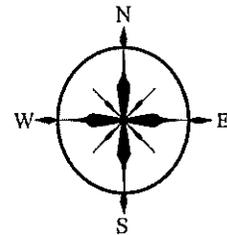
An Initiative of Orthodox Youth & Young Adult Ministries (OYM)



An Orthodox Outdoor Ministry that invites families to step away from the noise and distractions of daily life and enter into the rhythm of prayer, presence, and pilgrimage.

A Hike with the Saints

Join us for a **Prayer Hike** where children learn about powerful stories of saints who prayed outdoors!



Use QR Code to Register
or email Chicagoland
Ministry Support
Coordinator, Peter Savas
at psavas@theoym.org



Schiller Woods South

(W. Irving Park Rd just east of River Rd)



Saturday, Mar. 28th

10:00-11:00am



Families

with children ages 5-12



Please Bring:

water bottle, proper shoes,
layers as needed



www.theoym.org/outdoor-orthodoxy

Scan the QR Codes to get the **hike location** sent directly to your maps:

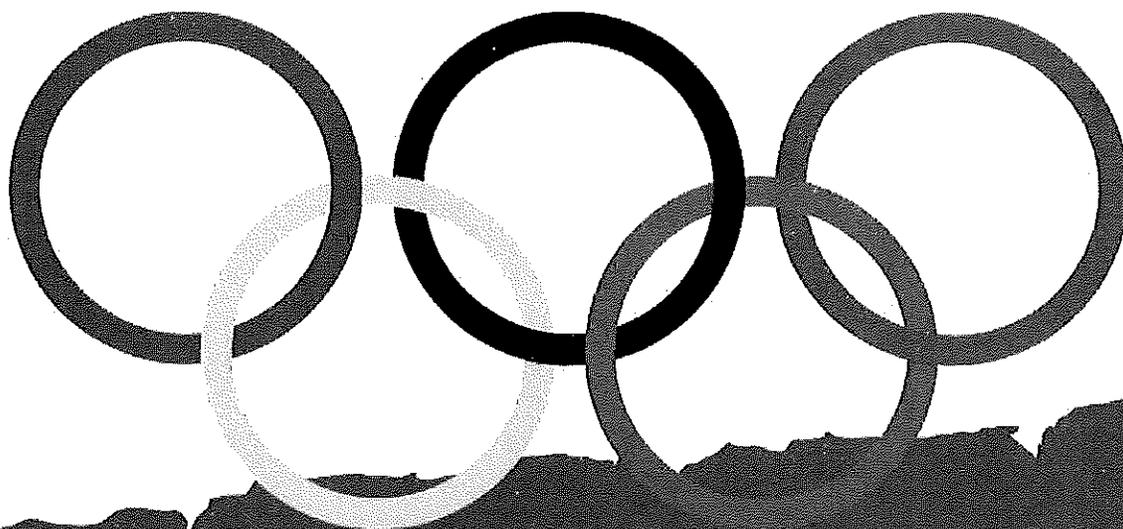
Apple
Maps:



Google
Maps:



"The heavens declare the glory of God." (Psalm 19:1)



SAVE THE DATE

JUNIOR OLYMPICS

MAY 23 & 24

SS. CONSTANTINE & HELEN
PALOS HILLS, IL

AGES 7-18

REGISTRATION COMING SOON

O Monoyenis Yios – Hymn of Justinian

Only begotten Son and Logos of God, being immortal.
You condescended for our salvation to take flesh from the
Holy Theotokos and ever virgin Mary, and without change became man.
Christ our God, You were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with the Father and the Holy Spirit.
Save Us.

Apostoli Agii

Anastassiou

Ho -o- ly A -po- stles In -ter- cede- With the Mer -

Voice

A - po - sto - li a - yi - i kre - sve - sa - te to e - le - i - mo -

ci -ful God. That for - all - our - faults He may grant For-give-ness To our souls

ni - The - o i - na - pte - sma - ton a - fe - sin pa - ra - shi tes psi hes - i - mon.

The image shows a musical score for a voice part. It consists of two staves of music. The first staff begins with a treble clef, a common time signature (C), and a key signature of one flat (Bb). The melody is written in a simple, homophonic style. The lyrics are written below the notes. The second staff continues the melody and lyrics. The lyrics are in English and Greek. The Greek text is: 'A - po - sto - li a - yi - i kre - sve - sa - te to e - le - i - mo - ci -ful God. That for - all - our - faults He may grant For-give-ness To our souls ni - The - o i - na - pte - sma - ton a - fe - sin pa - ra - shi tes psi hes - i - mon.'

Sermon Notes

Holy Apostles Greek Orthodox Church
2501 S Wolf Road
Westchester, IL 60154
708.562.2744

Website: holyapostleschurch.com
Facebook: facebook.com/holyapostlescommunity