

Weekly Bulletin

February 1, 2026

**The Sunday of the
Publican and the Pharisee
Triodion Begins**

WEEKLY BULLETIN www.holyapostleschurch.com

SUNDAY

8:15 a.m.
9:30 a.m.
Memorials:
11:30 a.m.
5:30 p.m.

MONDAY

8:00 a.m.
9:00 a.m.

TUESDAY

11:00 a.m.
4:30 p.m.
6:15 p.m.
6:15 p.m.
7:00 p.m.
7:30 p.m.

WEDNESDAY

7:00 p.m.

THURSDAY

1:00 p.m.
4:30 p.m.
5:30 p.m.
6:15 p.m.
7:30 p.m.

FRIDAY

8:00 a.m.
9:00 a.m.
7:00 p.m.

SATURDAY

8:30 a.m.
9:00 a.m.
5:00 p.m.
7:00 p.m.

FEBRUARY 1

Orthros
Divine Liturgy (Sunday School following Holy Communion)
Marilyn Athas, Hercules Vlangos, Chrysavgi Antoniou
Godparent Luncheon
Sunday School Teacher Dinner and Workshop

FEBRUARY 2: PRESENTATION OF OUR LORD

Orthros
Divine Liturgy

FEBRUARY 3

OCCA Meeting
Greek School
Greek School Staff Meeting
JOY
Philoptochos Board Meeting
League of Chanters Practice

FEBRUARY 4

Jr. GOYA Meeting

FEBRUARY 5

Bible Study
Greek School
Greek School PTO Meeting
Neolea Dance Troupe
YAL Bible Study

FEBRUARY 6: FEAST DAY ST PHOTIOS THE GREAT

Orthros
Divine Liturgy
Small Paraklesis

FEBRUARY 7

Westchester Food Pantry Volunteer Day
Journey of Marriage
Vespers
Trivia Night

Epistle Reading – Romans 8:28-39

Reader: Madeline Kubesh

Gospel Reading – Luke 18: 10-14

House Blessing: You can contact the priests or the church office to set up your house blessing during this holy season of Theophany.

Sunday School: Please bring your kindergarteners up to the front row for liturgy this morning.

New Payment Options: We now offer the option of electronic payments at the candle stand. We appreciate your generosity!

Resurrectional Apolytikion: Mode 1

The stone having been sealed by the Pharisees and chief priests, * and Your all-immaculate body being guarded by soldiers, * You rose on the third day, O Lord and Savior, granting life unto the world. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * “Glory to Your resurrection, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God!”

Ἀπολυτίκιον Ἀναστάσιμον: Ἦχος α΄

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

Τοῦ λίθου sfraghisthéntos ipó ton Ioudhéon; ke stratiotón filassónton to áchrandon sou sóma; anéstis triímeros Sotír; dorúmenos to kósmo tin zoín. Thyá toúto e Dynámis ton ouranón evóon si Zoödáta; Dóxa ti anastási sou Christe; dóxa ti vasilíia sou; dóxa ti ikonomía sou; móne Filánthrope.

The Epistle – Romans 8:28-39

Brethren, we know that in everything God works for good with those who love him, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the first-born among many brethren. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified. What then shall we say to this? If God is for us, who is against us? He who did not spare his own Son but gave him up for us all, will he not also give us all things with him? Who shall bring any charge against God's elect? It is God who justifies; who is to condemn? Is it Christ Jesus, who died, yes, who was raised from the dead, who is at the right hand of God, who indeed intercedes for us? Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, “For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered.” No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

The Gospel – Luke 18: 10-14

The Lord said this parable, “Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, ‘God, I thank you that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week, I give tithes of all that I get.’ But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, ‘God, be merciful to me a sinner!’ I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted.”



For Your Information: We recognize that parishioners often bring loved ones to church, and at times it can be challenging to help them inside. To make this easier, you are welcome to pull up to the main church doors, where volunteers will be available to assist with entering the building. Support will also be provided when leaving. We encourage everyone to take advantage of this assistance whenever it is helpful.

Lenten Psalms Reading Group: Enrich your Lenten journey with a short daily reading of the Book of Psalms. The Psalms Reading Group is open to everyone!

- When: Mon., 2/23 - Fri., 4/3/2026
- Where: In the privacy of your home
- How: Use a resource that employs the Greek numbering system (Septuagint or The Seventy). Examples are: The Orthodox Study Bible; any Orthodox version of The Psalter; or Songs of Praise by Sylvia Leontaritis. All are available in HARC. Register by sending your name/email to: psalter@holyapostleschurch.com

Fellowship Hour Ministry: The purpose of this ministry is to help facilitate the coffee hours where congregants meet after the Divine Liturgy and visit with their fellow parishioners. This is a commitment to provide worthwhile service to the church and promotes the unity of Holy Apostles and visitors as a family. It is a low-key commitment where you are asked, probably no more than twice a year, provided enough people join, to make coffee for the coffee hour. You will be trained to use the equipment and learn how to clean it up. We have found that what intimidates people the most about hosting a Coffee Hour is making the coffee.

OR



You can volunteer to help set up for our Potluck Coffee Hours and clean up. If a family is hosting and needs additional help, you might be asked to assist. Again, training and instructions will be given, and it is not anticipated that you will be asked to do this often. Both groups will be emailed, and people can choose the dates that fit into their schedules...no one will be assigned. You will not be expected to provide any items to participate unless you volunteer to do so. Please sign up if you are interested. We need your assistance.



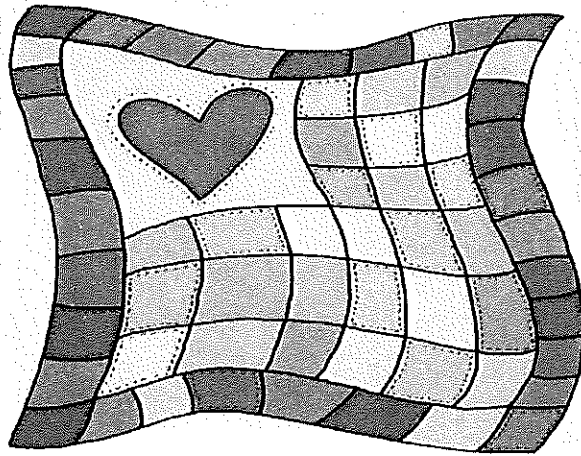
If you have any questions or would like to sign up, please email Sandy Pihos at fellowshiphour@holyapostleschurch.com, call/text her at 630-640-5811, or scan this QR code.

It's time for a new directory! We've engaged with Universal Church Directories to work with us and provide a complete professional portrait studio right here at Holy Apostles. If you missed the December dates, there will be more dates available both at Holy Apostles and other local churches in the future. Be on the look out for that information coming soon. If you have questions, please email parishfamily@holyapostleschurch.com.



Blankets of L♥ve

Throughout February



Philoptochos is collecting knitted, crocheted, and fleece blankets throughout February. Those who are unable to make a blanket can still participate by donating money for supplies online at <http://www.tinyurl.com/haphilo2501> or by sending a check to the church office.

The next blanket making event will be held on February 28 at 10:30AM in the multi-purpose room. We will be making full size blankets that will be donated to Phil's Friends and baby blankets that will go to the People's Resource Center. Please sign up using the following link:
[Blanket Making Sign Up](#)

For more information, please contact Faye Adams at geofaye.adams@gmail.com or (630) 517-8097 or Nicole Kubesh at nkubesh73@gmail.com or (773) 972-5857

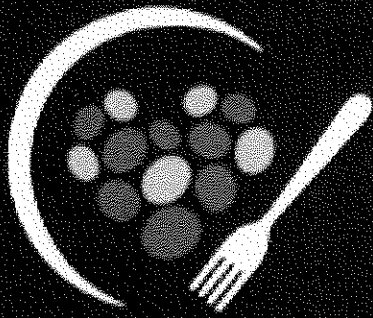


Sign Up



Donate

HOLY APOSTLES VOLUNTEERS AT THE



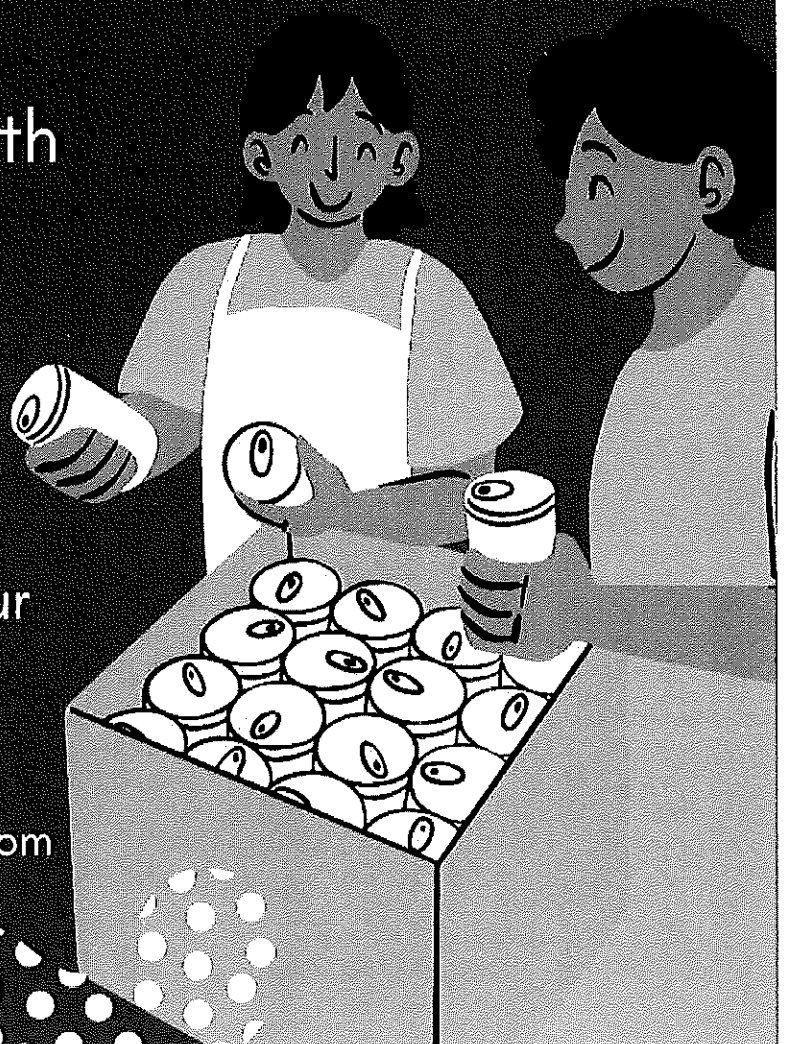
WESTCHESTER FOOD PANTRY

Saturday, February 7th
8:30 am – 12:00 pm

Sign up deadline
February 1st

Sign up with the link in your
weekly email.

Questions?
parishfamily@holyapostleschurch.com



GREEK ORTHODOX METROPOLIS OF CHICAGO DEPARTMENT OF RELIGIOUS EDUCATION

Learning to Live the Liturgy

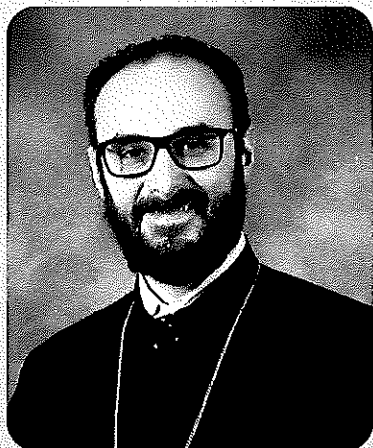


Saturday, February 7th | 10:00 AM - Noon

An online workshop for Sunday Church School Teachers and Directors

Join us for a morning of reflection and learning centered on the Divine Liturgy, thoughtfully designed for our Metropolis Religious Educators and enriched with resources and breakout sessions.

Our virtual presentation will open with a Prayer and Reflection on the Divine Liturgy by Rev. Father Sotirios Malamis, followed by guest speaker Jennifer Hock of Illumination Learning, who will also present on the Divine Liturgy as the work of the people and introduce a comprehensive PreK - High School Divine Liturgy curriculum, available in 2026.



REV. FATHER SOTIRIOS MALAMIS
IERATIKOS PROISTAMENOS
ASCENSION OF OUR LORD GREEK ORTHODOX CHURCH

Register Here



JENNIFER HOCK
CURRICULUM DEVELOPER
ILLUMINATION LEARNING



TRIVIA NIGHT

SAT FEB 7TH, 7:00 PM

DOORS OPEN AT 6PM

\$10 PER PERSON

HOLY APOSTLES MULTIPURPOSE ROOM

BYO DRINKS & SNACKS

**ALL PROCEEDS BENEFIT THE
WESTCHESTER FOOD PANTRY**

**SIGN UP THROUGH
LINK IN WEEKLY EMAIL**

PARISHFAMILY@HOLYAPOSTLESCHURCH.COM



Please join us for our
Philoptochos
General Meeting

Wednesday, February 18th @ 6:30 pm
Holy Apostles - Multi-purpose Room
Refreshments & Appetizers will be served

Special Guest Speaker
Dr. Lena Nikolas MD

Women's Health Through the Years

Please RSVP by 2/13 to Aleka Ernst
philotreasurer@holypostleschurch.com or (630) 561-1660

Please join our Philoptochos Chapter to continue
its philanthropic missions -
Online Membership registration link/QR code below

www.tinyurl.com/haphilo2501

or



SAVE THE DATE! MACARONATHA LUNCHEON

Sunday, February 22nd
following Divine Liturgy

Reservations
Required!

On behalf of the Holy Apostles Parish Council, please join us after the Divine Liturgy on Sunday, February 22nd for our 67th Annual Macaronatha Luncheon. As we begin Great Lent, let us nourish our souls and begin our efforts together as a church community with love and camaraderie. As always, your generous free will contributions are going to be donated to sending participants from Holy Apostles to Project Mexico.

RESERVATIONS ARE REQUIRED.

IN-PERSON: In the Multi-Purpose Room after the Divine Liturgy on Sunday, January 25th, February 1st, February 8th, February 15th.

PHONE, TEXT, EMAIL: Contact Sandy Pihos, either by phone/text at **(630) 640-5811** or at **greeks1@gmail.com** stating your name, contact phone number, email address, the total number of people in your party and the names of any family you would like to be seated with. Put **RESERVATIONS** in the subject line.

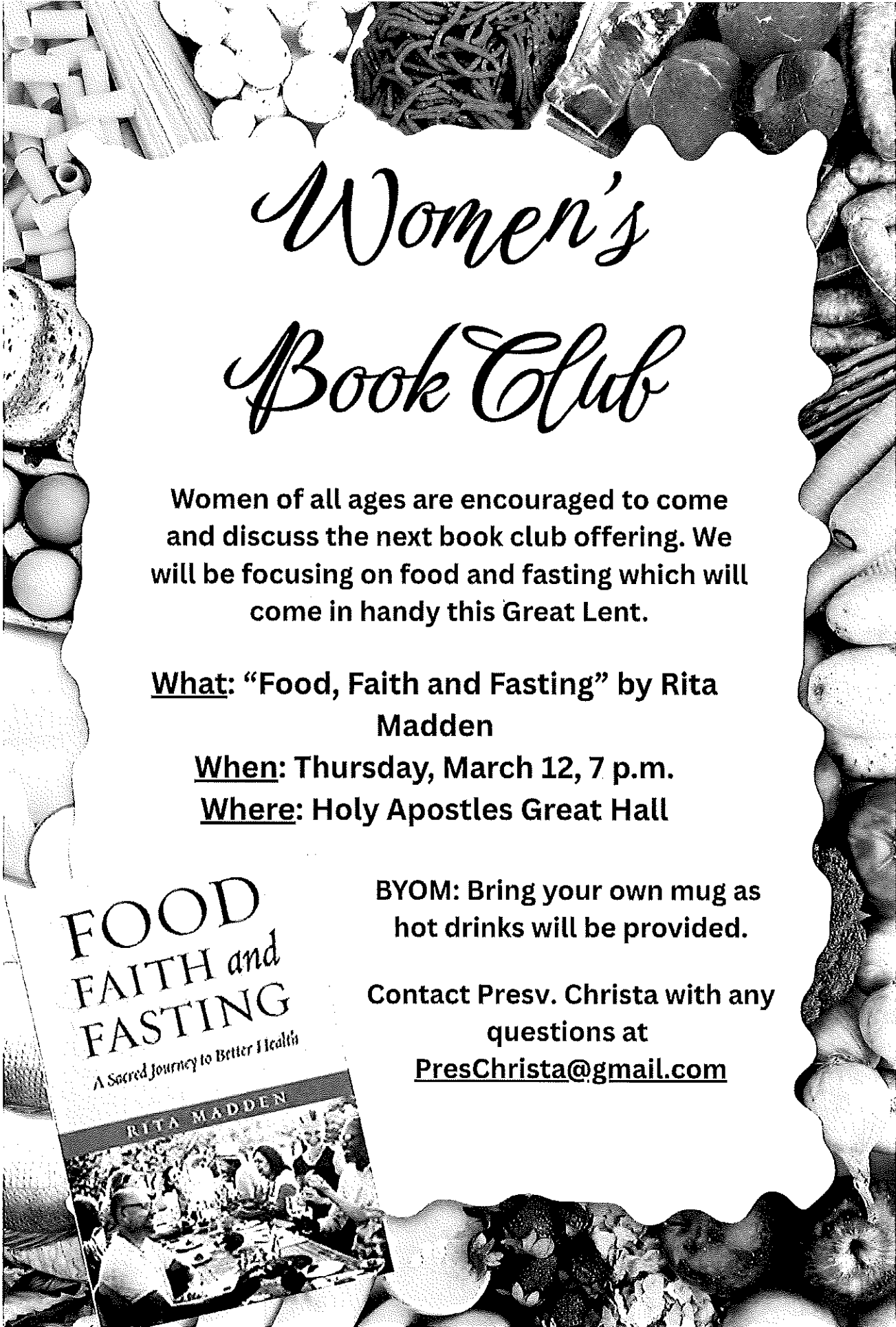
VIA WEEKLY E-NEWSLETTER: Use the registration form provided in the Holy Apostles Weekly Newsletter and submit **ALL** the required information, including the specific names of families you want to sit with. Make sure to fill in all the spaces, especially names and contact information.

ONLINE: Visit: <https://form.jotform.com/holy.apostles.westchester.il/2026-macaronatha-luncheon-reservati>

**RESERVATION DEADLINE:
WEDNESDAY, FEBRUARY 18th**



Scan to register



Women's Book Club

Women of all ages are encouraged to come and discuss the next book club offering. We will be focusing on food and fasting which will come in handy this Great Lent.

What: "Food, Faith and Fasting" by Rita Madden

When: Thursday, March 12, 7 p.m.

Where: Holy Apostles Great Hall

BYOM: Bring your own mug as hot drinks will be provided.

Contact Presv. Christa with any questions at

PresChrista@gmail.com

**FOOD
FAITH and
FASTING**

A Sacred Journey to Better Health

RITA MADDEN



O Monoyenis Yios – Hymn of Justinian

Only begotten Son and Logos of God, being immortal.
You condescended for our salvation to take flesh from the
Holy Theotokos and ever virgin Mary, and without change became man.
Christ our God, You were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with the Father and the Holy Spirit.
Save Us.

Apostoli Agii

Anastassiou

Voice

Ho -o- ly A -po- stles In -ter- cede- With the Mer -

A - po - sto - li a - yi - i ke - sve - sa - te to e - le - i - mo -

ci -ful God. That for - all -our - faults He may grant For-give-ness To our souls

ni - The - o i - na - pte - sma - ton a - fo - sin pa - ra - shi tes psi hes - i - mon.

Sermon Notes

Holy Apostles Greek Orthodox Church
2501 S Wolf Road
Westchester, IL 60154
708.562.2744

Website: holypostleschurch.com
Facebook: facebook.com/holypostlescommunity