

WEEKLY BULLETIN

MARCH 30, 2025

WEEKLY BULLETIN www.holyapostleschurch.com

SUNDAY

8:15 a.m.

9:30 a.m.

Memorials:

Fellowship Hour:

MARCH 30

Orthros

Divine Liturgy

Cleo Bell, John Bell, Nicholas Bell, Bess Chechopoulos, Anthony Dallianis, Demetra Karvelas, Frances Katsuleas, Peter Katsuleas, James Nikolas, Kallianthi Vainikos

Hosted by the Theotikos, Bell, Cascio, Dallianis and Hank families
Philoptochos Easter Candle Sale & Bake Sale Ordering

MONDAY

6:00 p.m.

MARCH 31

Great Compline

TUESDAY

6:45 a.m.

7:00 p.m.

7:15 p.m.

APRIL 1

Brotherhood of St Peter the Apostle

Philoptochos Board Meeting

ECM Webinar

WEDNESDAY

5:30 p.m.

7:00 p.m.

APRIL 2

9th Hour / Pre-Sanctified Liturgy

Pre-Sanctified Dinner, hosted by Bible Study

THURSDAY

1:00 p.m.

APRIL 3

Bible Study

FRIDAY

7:00 p.m.

8:15 p.m.

APRIL 4

Akathist Hymn

Choir Rehearsal

SATURDAY

9:00 a.m.

4:00 p.m.

5:00 p.m.

6:00 p.m.

APRIL 5

Feed My Starving Children

Open Confession

Vespers

Vespers Potluck Dinner

Epistle Reading—Hebrews 6:13-20

Gospel Reading—Mark 9:17-31

No Sunday School Today – Enjoy your break! We'll see you all next Sunday, April 6.

Now Available - Panoramic Tour of Our Parish, Inside and Out! Please visit our website to marvel at Holy Apostles' beauty, captured in 2024 with panoramic cameras and drones: Simply click on the "About" tab and then the gold button labeled "Click Here to View a 360 Degree Tour of our Church!" or visit: <https://www.orthodox360.com/tours/holyapostles-westchester-il/>

Resurrectional Apolytikion – Grave Mode

You destroyed death by Your Cross, You opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

Ἀπολυτίκιον Ἀναστάσιμον. - ᾠχος βαρύς.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον· ἠνέφξας τῷ ληστῇ τὸν Παράδεισον· τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Katelisas to Stavro sou ton Thanaton, ineoxas to Listi ton Paradison, ton Miroforon ton thrinon metevalues, ke tis sis Apostolis kiritin epetaxas, oti anestis Christe o Theos, parehon to kosmo to mega eleos.

The Epistle – Hebrews 6:13-20

Brethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

The Gospel – Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

Church's Main Entrance Repairs Continue – Work is being done on the front doors of the church through Friday, April 4. During this time, please note the following:

- The front doors will be closed 100% during this work. All church access (for services and ministry gatherings during this time period) will be through the North Door.
- For funerals, the casket procession will enter/exit the church through the MPR's double doors.

Please contact Chris Pepke at buildingcoordinator@holyapostleschurch.com with questions.

Macaronatha Luncheon Donation Period Ends on Monday, March 31 – Holy Apostles has been a loyal supporter of missionary Jesse Brandow and his work in Central America. He has begun a new project: translating the Orthodox Chant Stand into Spanish, and online for anyone to use. We have dedicated the proceeds from our Macaronatha Luncheon towards this endeavor. If you would like to support this very essential and worthwhile project, you can still donate by sending a check to the office or clicking on the link in the Weekly News. Thanks to everyone who has already contributed.

Philoptochos is here for you, Holy Apostles sisters, brothers, and families. – We want you to know that Philoptochos is available to help you with some of life's challenges that may arise. Please reach out to Fr. George or Fr. Nicholas if you need financial help with food, utility bills, or other essential household expenses. All requests for assistance are held in strict confidence. The love and support of Holy Apostles and our Philoptochos Chapter are here to assist you.








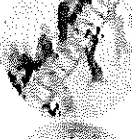




Holy Apostles Parishioners! – You are invited to join Philoptochos for a Lenten service project on **Saturday, April 5 at Feed My Starving Children in Aurora from 9:00-10:45am.** We will pack specially formulated meals that will be sent to children in need around the world. In addition to packing the meals, there are also seated jobs attaching labels to food bags. Please contact Emily Rehn at platovalentine@hotmail.com or 708-369-9365 to volunteer.

Red Easter Egg Wrapping – Philoptochos is once again asking parishioners to donate red eggs so that they may be wrapped in tulle for distribution at our Anastasi and Agape Easter services. Please bring boiled, unrefrigerated red eggs to the multi-purpose room no later than Holy Friday morning. (April 18). The eggs will be wrapped in tulle after the Royal Hours service on Holy Friday morning. All parishioners are welcome to assist.

Cemetery Plots For Sale – Holy Apostles is pleased to offer plots for sale at Chapel Hill Gardens West, located at 17W201 Roosevelt Rd in Oakbrook Terrace. Situated within the serene, park-like Garden of Ascension, these plots provide a peaceful and dignified final resting place. With fewer than 50 plots remaining from the original purchase of 270, this opportunity allows our members to secure a plot at a significantly discounted price—well below the cost of purchasing directly from Chapel Hill. For more information, please call Lou Kafkes at 708.562.2744.

OUR JOURNEY TO PASCHA! 2025

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 9th		<i>TRIDION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week FEBRUARY 16th		The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare FEBRUARY 23rd FAREWELL TO MEAT TODAY		The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 2nd FAREWELL TO CHEESE TODAY		Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 9th		<i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 16th		ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 23rd		VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHAI</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bowl
4th Sunday of Lent MARCH 30th		ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 6th		ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 13th GREAT WEEK BEGINS		<i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 18th		GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! APRIL 20th NO FASTING!		<i>BRIGHT WEEK</i> HOLY PASCHAI (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!



EASTER LAMBATHES SALE

Purchase your decorated Easter
Lambathes after Sunday liturgies
3/23 thru 4/13 and following
Holy Unction services on Holy
Wednesday, April 16th


Candles are \$15 each and make
beautiful gifts for children/
godchildren

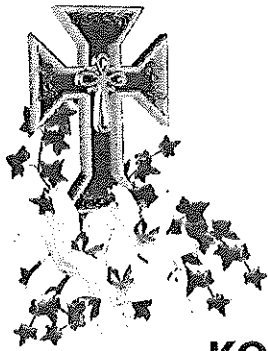
Cash - check -online

www.tinyurl.com/haphilo2501



If you have any questions or would like to
decorate or sell candles, please contact
Angela Karras Neboyskey
at arkarras@gmail.com
or (773) 719-2619

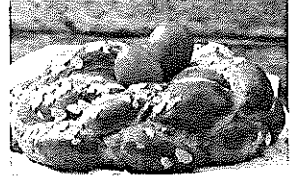
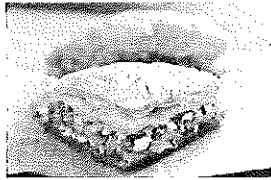




HOLY APOSTLES PHILOPTOCHOS EASTER

Drive-by Food Sale

**KOULOURAKIA | KOURAMBIEDES | PASTITSIO |
SPANAKOPITES | TIROPITES | TSOUREKI | BAKLAVA**



How to order:

Order during coffee hours March 23, March 30, & April 6.

Orders can also be placed online at www.tinyurl.com/haphilo2501 **March 1 - April 6** (no later than 6 pm).

Form of payments:

Payments accepted are cash, check (payable to Holy Apostles Philoptochos) or credit card online at www.tinyurl.com/haphilo2501

Pick up order days/times:

Pick up your order at the front of Holy Apostles Church on **Saturday, April 12 (11am - 12:30 pm)**. Enter via the south parking lot.

For further information:


Contact Laura Pepke (laurapepke@gmail.com or call 630-291-7685) or Debbie Chiganos (debbchig@att.net).

scan to order ►



ITEM	SERVING	PRICE
KOULOURAKIA (<i>homemade</i>)	1 DOZEN	\$10
KOURAMBIEDES (<i>homemade</i>)	1 DOZEN	\$10
PASTITSIO (<i>Greek Islands</i>)	10 X 13 INCH PAN	\$35
SPANAKOPITES	1 DOZEN / TRAY	\$15
TIROPITES	1 DOZEN / TRAY	\$15
TSOUREKI	1.5 LBS.	\$15
BAKLAVA (<i>homemade</i>)	1/2 DOZEN	\$10

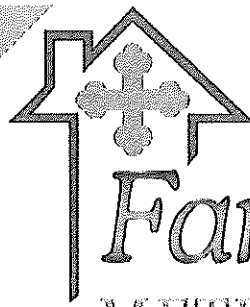
>> *Proceeds benefit Operation Classroom Initiative* <<



Memorial Luminaria

If you would like to have someone remembered with a luminary on Holy Friday, please place your order by filing in the names of your love ones via the QR code, link below or in the multipurpose room by March 30th





Family Synaxis
METROPOLIS OF CHICAGO

LENTEN RETREAT "FOLLOWING CHRIST ALONE TOGETHER"

STRENGTHENING FAMILIES THROUGH THE BOND OF COMMUNITY

Saturday, April 5 — 9:00AM - 3:00PM

Ascension of Our Lord Greek Orthodox Church
1207 Riverwoods Road, Lincolnshire, IL 60069



Keynote Speaker

**FATHER
GEORGE
DOKOS**

*Parish Priest
Holy Apostles Greek
Orthodox Church
(Westchester, IL)*

A retreat by families, for families!

How can we work together on our journey to Christ? What can the Fathers of the Church tell us about the Christian family and the secular world? Join us for this day retreat to explore the rich teachings of our Church and how we can become holy in our own homes.

- Prayer services as a family
- Parent workshops and discussions
- Children's games and activities
- Breakfast and Lunch provided

Register Now!

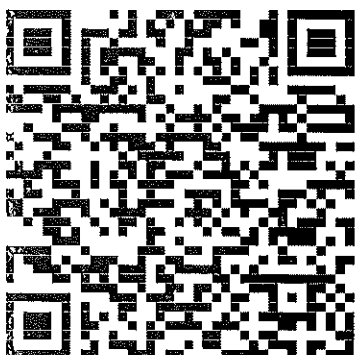
\$75 per family — Must Register by March 23

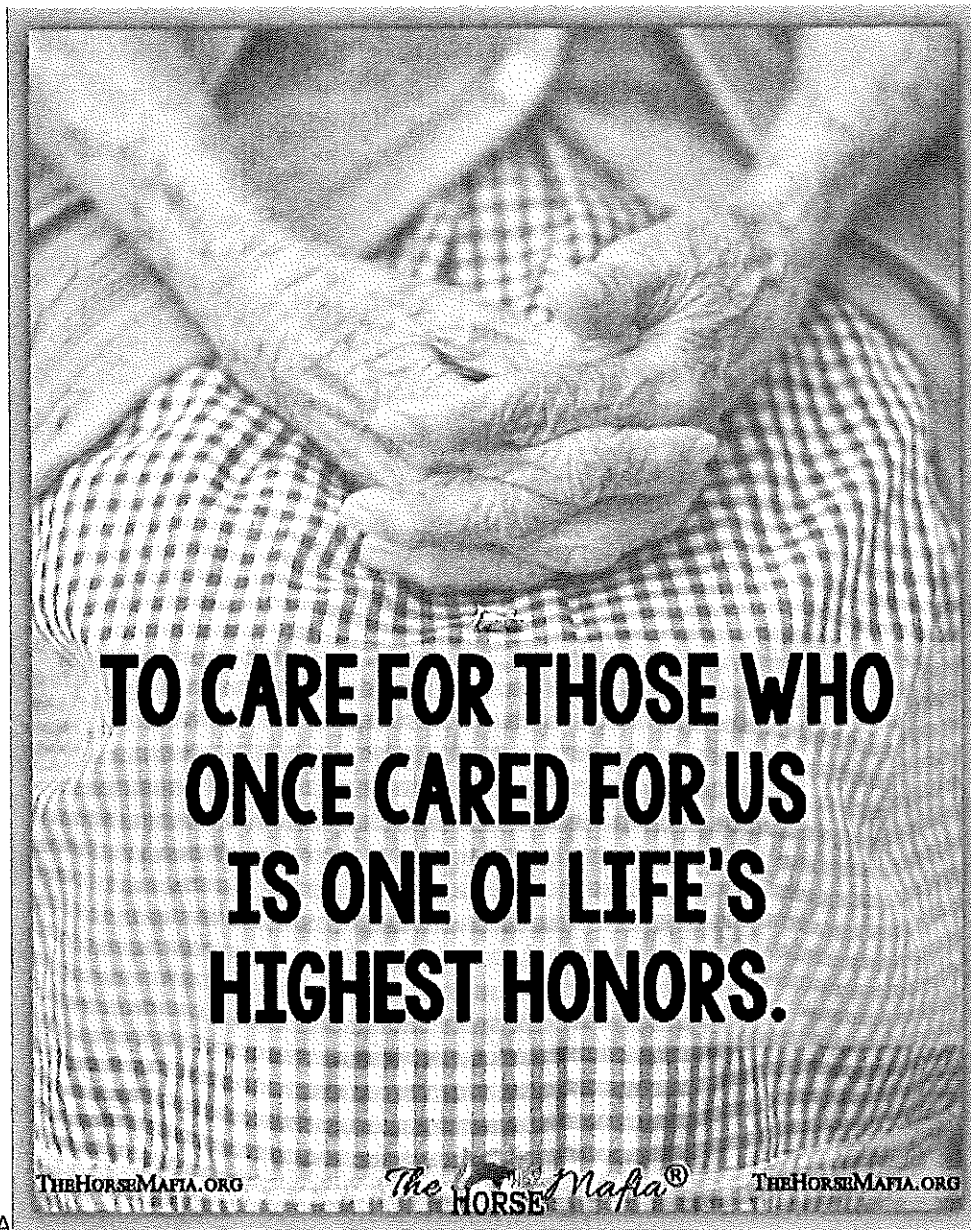
Ages 4+ (Toddler Care Unavailable)

Questions? Email Us at

chicago.family.synaxis@gmail.com

Or visit *www.gocfamilysynaxis.org*





**TO CARE FOR THOSE WHO
ONCE CARED FOR US
IS ONE OF LIFE'S
HIGHEST HONORS.**

THEHORSEMAFIA.ORG

The HORSE Mafia®

THEHORSEMAFIA.ORG

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CAREGIVERS SUPPORT GROUP

A HOLY APOSTLES MINISTRY

Please join us for Coffee and Discussion

Tuesday, April 8th

At 1:00 pm In the Philoptochos Room

Please contact Kathy Steffenson at gksteff@gmail.com or Val Dranias at valdranias@aol.com with any questions.
We hope that you will join us.

Pan - Orthodox
AKATHIST HYMN

Sponsored by the Orthodox Christian Clergy Association of Greater Chicago



7:00 pm

Tuesday, April 8, 2025

2 services will take place; North side and South side:

NORTH:

**St Haralambos
Greek Orthodox Church
7373 N. Caldwell Ave
Niles, Illinois
Homilist: Peter Savas**

Chicagoland Region Ministry Support of the OYM
Orthodox Youth & Young Adult Ministries

Responses by
The Pan-Orthodox Choir of Greater Chicago

SOUTH:

**St. Spyridon
Greek Orthodox Church
12307 S. Ridgeland
Palos Heights, Illinois
Homilist: Rev. Fr. Luke Melakrinos**

Pastor, St. Nicholas Greek Orthodox Church,
Oak Lawn, IL
Responses by
Choir of St. Spyridon Church

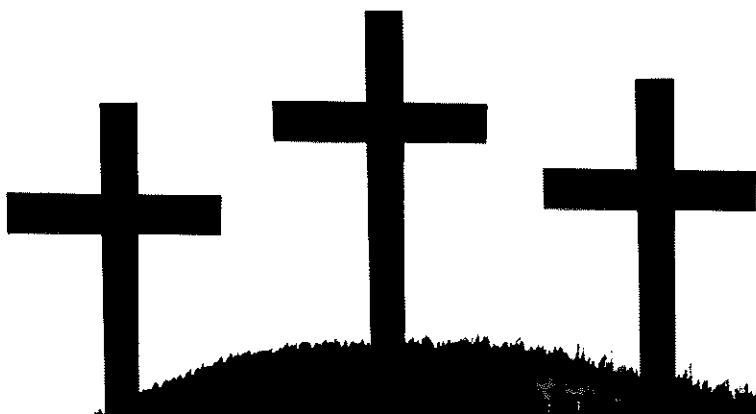
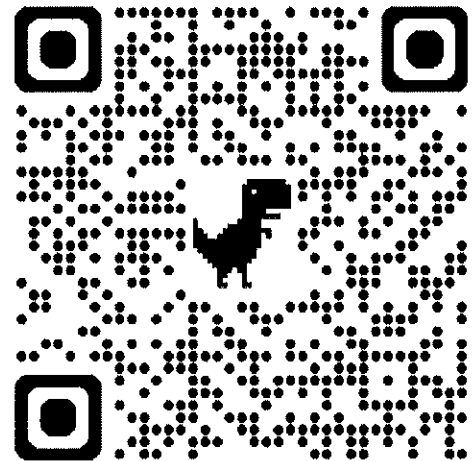
All are welcome! Coffee Fellowship follows service

Good Friday

Retreat

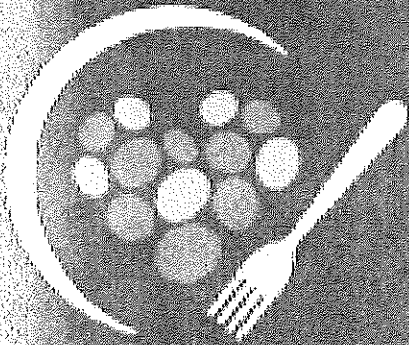
All children in Pre-k through 5th grade are welcome to join us for our Annual Holy Friday Retreat on April 18th. We will begin after Royal Hours, at 10:30 AM and will end at 2:15 PM. All ages of volunteers are welcome! Anyone in 6th through 12th grade are encouraged to sign up to help with flowers, candles, eggs, and more! Any questions or if you need a note excusing you from school, please email Alexa at youthdirector@holypostleschurch.com

Please RSVP via QR Code:



HOLY APOSTLES VOLUNTEERS AT THE

WESTCHESTER FOOD PANTRY



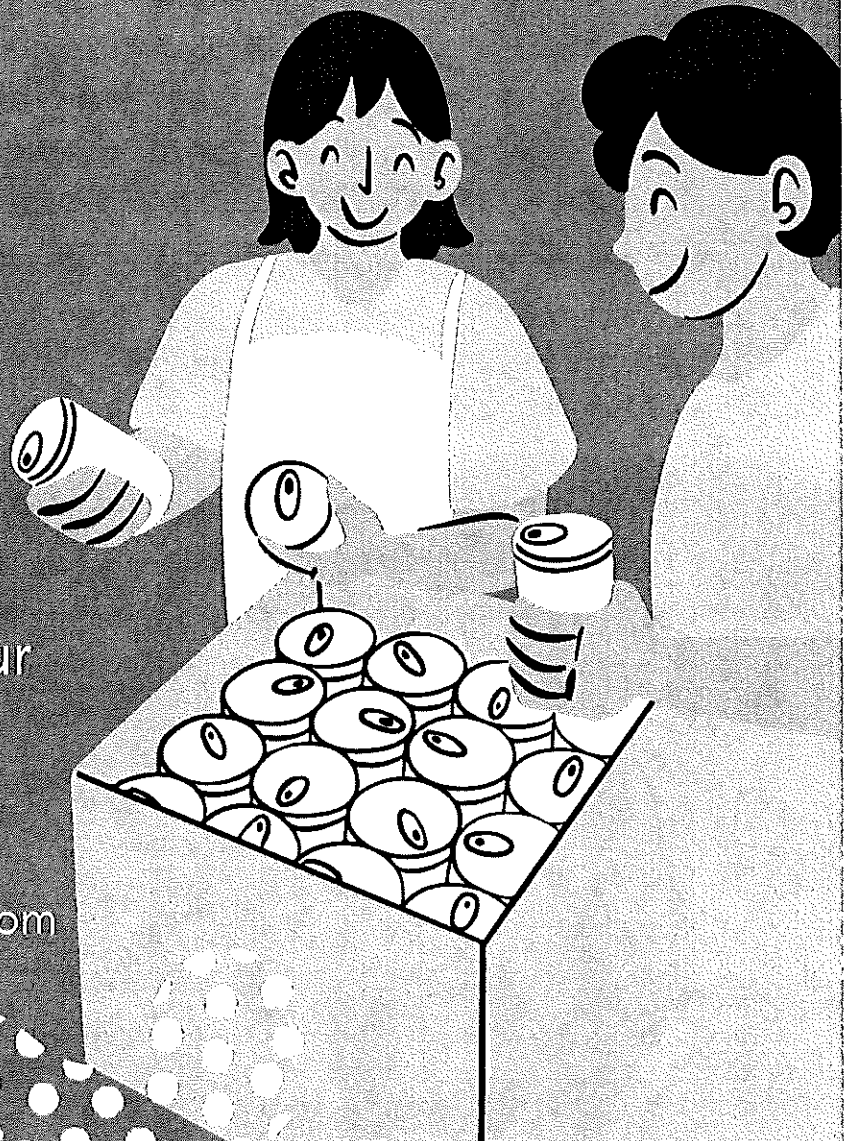
Saturday, May 3rd
8:30 am - 12:00 pm

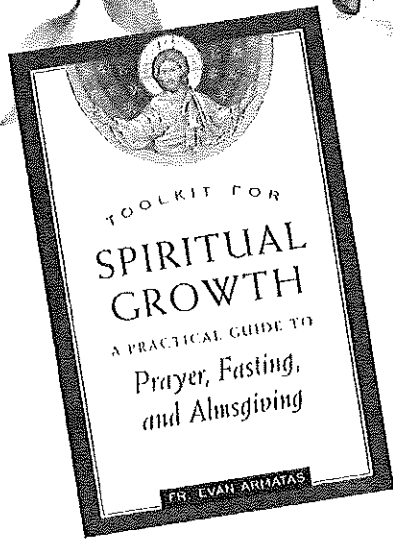
Sign up deadline
April 28th

Sign up with the link in your
weekly email.

Questions?

parishfamily@holyapostleschurch.com





Women of all ages are invited to join in our next book club read.

This little book of about 100 pages is packed with gems to help us along our Lenten journey.

Hope to see you there!

Women's Book Club

WHAT: "TOOLKIT FOR SPIRITUAL GROWTH" BY FR. EVAN ARMATAS

WHEN: THURSDAY, MAY 8TH, 7 P.M.

WHERE: HOLY APOSTLES MAIN HALL

BYOM (Bring Your Own Mug as hot drinks will be provided!)



SATURDAY, MAY 10TH, 7:00 PM

Holy Apostles Multi-Purpose Room

BYOB | PRIZES | FELLOWSHIP

BRING YOUR OWN SNACKS AND
ALCOHOLIC OR NON-ALCOHOLIC BEVERAGES

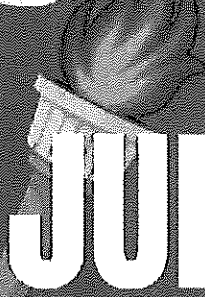
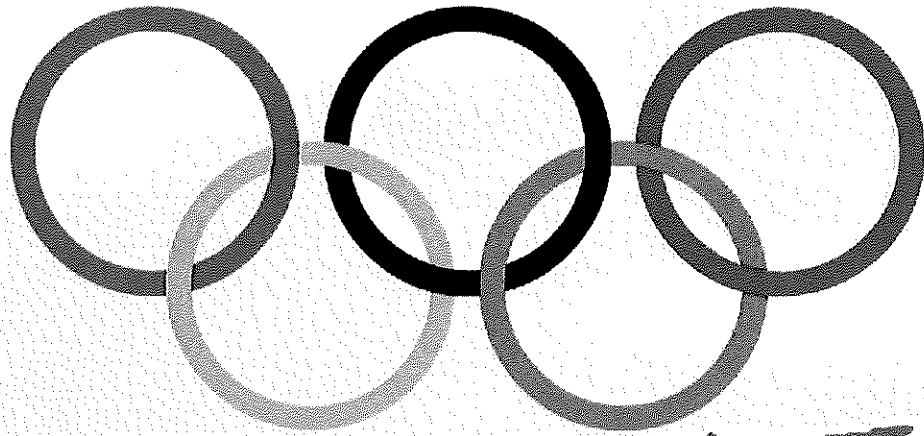
PROCEEDS BENEFIT THE NEW
PARISH FAMILY MINISTRY

\$10 PER PERSON ENTRY

SIGN UP WITH THE LINK IN YOUR WEEKLY EMAIL

Questions?

parishfamily@holypostleschurch.com



REGISTER FOR
JUNIOR OLYMPICS

— x x x —

MAY 24 & 25

SS. CONSTANTINE & HELEN

THERE IS NO FEE TO PARTICIPATE
IN JUNIOR OLYMPICS

AGES 7-18



**REGISTER
NOW**

Faithrao Kids
SUPER SAINTS
Heroes of our Faith

VBS 2025

June 9 - 13th, 2025
Pre-K through 5th Grade

CARNIVAL FRIDAY
12-2pm

VOLUNTEERS NEEDED

FOR VACATION BIBLE SCHOOL

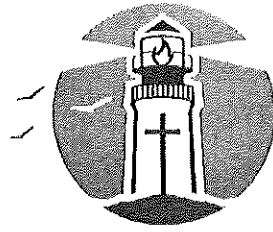
SUPER SAINTS
Heroes of our Faith

WE WILL BE VISITING THE "HALL OF FAME" OF
SUPER SAINTS FOR OUR VBS JOURNEY THIS YEAR

JUNE 9-13TH
8:45-12:00PM

SCAN TO SIGN UP

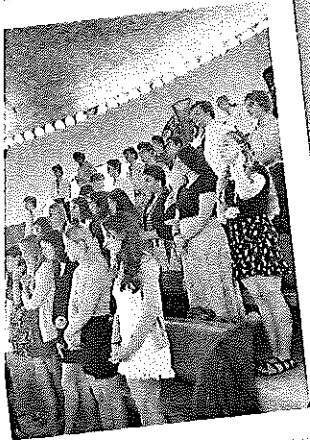
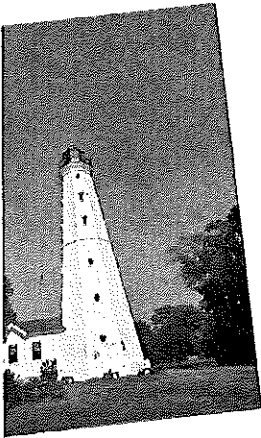
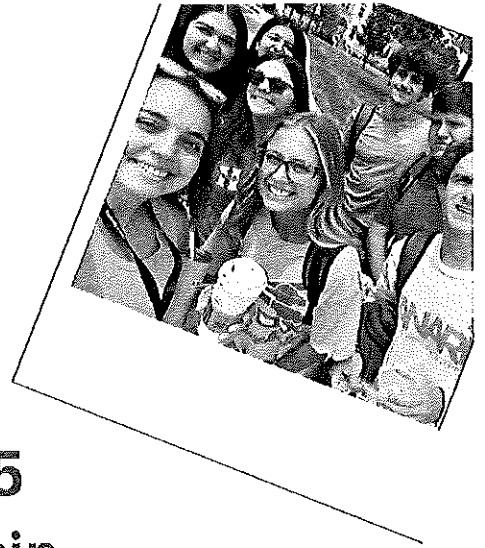
CONTACT: NICOLE 630-673-6635



FANARI CAMP PRESENTS

LIGHTHOUSE

EST. 2019

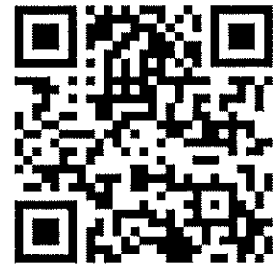


June 21-28, 2025 Waukesha, Wisconsin

A summer program for the high school class of 2025 where we facilitate reflection on self, God, and neighbor, teaching you an immense amount about who you are and what your purpose is in this world and providing a deeper understanding of our faith. Plus, fun activities and excursions in and around Milwaukee!

This might be exactly what you need after graduation!

Registration opens
March 10



Scan here for
more info & to
register



METROPOLIS
OF CHICAGO

April 2025

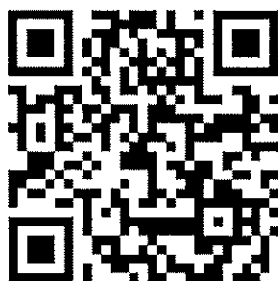
MESSAGES *from* the METROPOLIS

www.chicago.goarch.org

LATEST NEWS



GREAT LENT
& HOLY
WEEK 2025
SCHEDULE



SCAN FOR
MORE NEWS



SCAN FOR
MORE
EVENTS

3/20

Metropolis of Chicago Pioneers New Digital Registry to Better Support Clergy and Laity

3/6

His Grace Bishop Timothy Assumes Greater Responsibilities in the Care of Parishes and Clergy of the Metropolis of Chicago as Senior Advisor to Metropolitan Nathanael

3/1

Catechetical Homily for the Opening of Holy and Great Lent by His All-Holiness Ecumenical Patriarch Bartholomew

UPCOMING EVENTS

4/1

Strengthen Stewardship Now & Forever April Zoom Meeting

4/5

Family Synaxis Lenten Retreat 2025

4/25

Annual Bright Friday Celebration - St. Iakovos Retreat Center


O Monoyenis Yios – Hymn of Justinian

Only begotten Son and Logos of God, being immortal.
You condescended for our salvation to take flesh from the
Holy Theotokos and ever virgin Mary, and without change became man.
Christ our God, You were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with the Father and the Holy Spirit.
Save Us.

Apostoli Agii


Anastassiou

Ho -o- ly A -po- stles In -ter- cede- With the Mer -

Voice 

A - po - sto - li a - yi - i pre - sve - sa - te to e - le - i - mo -

ci -ful God. That for - all - our - faults He may grant For-give-ness To our souls



ni - The - o i - na - pte - sma - ton a - fe - sin pa - ra - shi tes psi hes - i - mon.

Sermon Notes

Holy Apostles Greek Orthodox Church
2501 S Wolf Road
Westchester, IL 60154
708.562.2744
Website: holyapostleschurch.com
Facebook: facebook.com/holyapostlescommunity