

WEEKLY BULLETIN
MARCH 16, 2025

SUNDAY

8:15 a.m.

9:30 a.m.

Memorials:

Fellowship Hour:

12:00 p.m.

6:30 p.m.

8:00 p.m.

MARCH 16 – SUNDAY OF ST. GREGORY PALAMAS

Orthros

Divine Liturgy

Oratorical Festival (See below for impact to Sunday School)

Arthur Andrews, Angeleen Andrews, Nicholas Andrews, Joanne Pekras,
Constance Poulos, Sophia Russell, Marika Xinos

HARC's Annual Celebration of Books

Special Parish Assembly Meeting

Solemn Vespers

Celebration of Books Reception

Speaker: Fr. Andrew Damick, Chief Content Officer at Ancient Faith Ministries

MONDAY

6:00 p.m.

MARCH 17

Great Compline

TUESDAY

6:45 a.m.

4:30 p.m.

6:15 p.m.

7:15 p.m.

MARCH 18

Brotherhood of St Peter the Apostle

Greek School

Greek School Staff Meeting

ECM Cohort Meeting

WEDNESDAY

5:30 p.m.

7:00 p.m.

MARCH 19

9th Hour / Pre-Sanctified Liturgy

Pre-Sanctified Dinner, hosted by TOTS/JOY/Jr GOYA/GOYA

THURSDAY

1:00 p.m.

4:30 p.m.

7:30 p.m.

MARCH 20

Bible Study

Greek School

Parish Council Meeting

FRIDAY

7:00 p.m.

8:00 p.m.

8:15 p.m.

MARCH 21

Salutations to the Theotokos

Communing with the Saints

Choir Rehearsal

SATURDAY

4:00 p.m.

5:00 p.m.

MARCH 22

Open Confession

Vespers

Epistle Reading—Hebrews 1:10-14; 2:1-3

Gospel Reading—Mark 2:1-12

Resurrectional Apolytikion

Mode pl. 1.

As the Father and Spirit are unoriginate, so the Word, who was born from the Virgin for us. Let us praise Him, O believers, and let us worship Him. For our salvation He was pleased to be crucified in the flesh, and to undergo death, and to resurrect the dead, by His glorious resurrection.

Ἀπολυτίκιον Ἀναστάσιμον.

Ἦχος πλ. α΄.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ἠϋδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ ἀναστάσει αὐτοῦ.

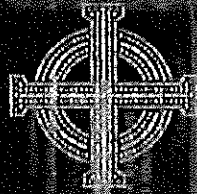
Ton sinanarhon Logon Patri ke Pnevmati, ton ek Parthenou tehthenta is sotirian imon, animnisomen pisti ke proskinisomen, oti ivthokise sarki, anelthin en to Stavro, ke thanaton ipomine, ke egire tous tethneotas, en ti enthoxo anastasi aftou.

The Epistle – Hebrews 1:10-14; 2:1-3

“In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end.” But to what angel has he ever said, “Sit at my right hand until I make your enemies a footstool for your feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

The Gospel – Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, “My son, your sins are forgiven.” Now some of the scribes were sitting there, questioning in their hearts, “Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, “Why do you question thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins’ — he said to the paralytic — “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, “We never saw anything like this!”



HOLY APOSTLES
GREEK ORTHODOX CHURCH

CELEBRATION OF BOOKS

"WHAT DO ANGELS HAVE
TO DO WITH
SALVATION?"

MARCH 16TH

6:30 PM SOLEMN VESPERS

8:00 PM PRESENTATION BY

FR. ANDREW DAMICK

(CHIEF CONTENT OFFICER AT
ANCIENT FAITH MINISTRIES)

The Celebration of Books Reception will be hosted on Sunday, March 16th following Vespers. To assist with this event, contact Yvonne Fawell, (630) 234-4666, yfawell@gmail.com, or Mary Maragos, (708) 712-4421, mem123@ameritech.net

Oratorical Festival Today – This event will take place during Sunday School for children in Grades 6-12. All participants will get a “swag bag,” and winners from the Junior and Senior division of the Speech competition will receive \$500 scholarships to be used for Fanari, Crossroad, Lighthouse, or Ionian Village. There are a few changes because of this special event:

- Grades 6-12 will meet in Rooms 205/206/207 and be dismissed at 11:45am, 10 minutes later than usual.
- Preschool will meet in the TOTs room (located in the Fellowship Hall)
- Kindergarten will meet in Room 208, joining Grade 1.

Thank you for your understanding!

Thank You! – Philoptochos would like to thank all who made fleece blankets on Saturday, March 8 for "Phil's Friends". Together, we made 30 blankets that will be part of a larger "Care Package" that we will donate to Phil's next week. We would also like to thank Alexa Cussick and our youth for making the "Cards of Hope" which will be included in our care packages. Your assistance and support are truly appreciated!

Special Coffee Hour on Sunday, March 23 – We are excited to invite you to meet our newly installed Parish Council Members and Holy Apostles Foundation Board Members. It will be a wonderful opportunity to meet the dedicated individuals who work behind the scenes to serve and support our parish, as well as learn about the important roles they play in our church community:

- Parish Council Members are George Antonopoulos, Peter Bell, Terry Chiganos, Ted Dres, Bill Leider, Jim Maragos, Steven Milak, Nicole Ostendorf, Patty Pappas, Michael Parafink, Chris Pepke, Sandy Pihos, Michael Thiakos, Nicole Voelz and Valentia Vourlos.
- Holy Apostles Foundation Board Members are George Antonopoulos, Ernie Davis, Ernie Karras, Kristi Athas Landorf, Tom Loukas, Jim Maragos, Tim Stojka and Joanne Volakakis.

Join us for coffee, light refreshments, and an opportunity to connect with your fellow parishioners, ask questions, and share your thoughts with our Parish Council and Foundation Board. We hope to see you there!

Church's Main Entrance Repairs Begin on Monday, March 24 – Work will be done on the front doors of the church from March 24 - April 4. During this time, please note the following:

- The front doors will be closed 100% during this work. All church access (for services and ministry gatherings during this time period) will be through the North Door.
- If there is a funeral, the casket procession will enter and exit the church through the MPR's double doors.

Please contact Chris Pepke at buildingcoordinator@holyapostleschurch.com with questions.

Macaronatha Luncheon Donation Period Extended to Monday, March 31 – Holy Apostles has been a loyal supporter of missionary Jesse Brandow and his work in Central America. He has begun a new project: translating the Orthodox Chant Stand into Spanish, and online for anyone to use. Holy Apostles dedicated the proceeds from the Macaronatha Luncheon towards this endeavor. If you were unable to attend but would like to support this very essential and worthwhile project, you can still donate by sending a check to the office or clicking on the link in the Weekly News. Thanks to everyone who has already contributed.

2025 Project HOPE Senior Visit Initiative - The Metropolis Project HOPE Team is encouraging parishes to visit and engage with low-income senior citizens. The request is for each parish to fill 50 HOPE bags and to also provide a team of 10 individuals to pass out the food bags and to engage the seniors in an activity. Philoptochos is THRILLED to announce that funds have been donated which will cover the cost for ALL the food needed for 50 HOPE Bags. We also have our team of 10 volunteers. Our visit is scheduled for Friday, April 4th, but **the bags will be packed at our next 5th Saturday Serve Day on March 29** and stored at Holy Apostles until the visit. **All are welcome to assist on March 29th! We look forward to sharing this experience with all of you.**

Holy Apostles Parishioners! – You are invited to join Philoptochos for a Lenten service project on **Saturday, April 5 at Feed My Starving Children in Aurora from 9:00-10:45am.** We will pack specially formulated meals that will be sent to children in need around the world. In addition to packing the meals, there are also seated jobs attaching labels to food bags. Please contact Emily Rehn at platovalentine@hotmail.com or 708-369-9365 to volunteer or ask questions.

You're Invited to Host a Coffee Hour! – We know many of you have a flair for hosting family and friend gatherings, so we invite you to give of your time and talent to host a Fellowship Hour. It can be done by a single family, a group of families or members of a ministry, usually to honor someone's memory or celebrate a special event. Your effort and generosity are greatly appreciated! **There are many dates available, the next two being Sunday, March 30 and April 27.** Please scan the QR code below for more information:



Cemetery Plots For Sale – Holy Apostles is pleased to offer cemetery plots for sale at Chapel Hill Gardens West, located at 17W201 Roosevelt Road in Oakbrook Terrace. Situated within the serene, park-like Garden of Ascension, these plots provide a peaceful and dignified final resting place. With fewer than 50 plots remaining from the original purchase of 270, this is a unique opportunity for our members to secure a plot at a significantly discounted price—well below the cost of purchasing directly from Chapel Hill. For more information, please call the office at 708.562.2744.

Music Competition 2025 – So as to recognize excellence and to encourage the achievements of young men and women of Greek heritage, the **Greek Women's University Club is sponsoring its 35th national music competition on Saturday, April 26 at Alice S. Millar Chapel on the Northwestern University campus, 1870 Sheridan Rd, in Evanston.** Please contact Anna Moreno for an application, either by mail to 2074 W. Pratt Blvd., Chicago, IL 60645, or by email to akmoreno@comcast.net. **Applications must be postmarked by no later than March 30 to be eligible.** An 8-10 minute performance is required. Selection requirements are specified in the application. Award(s) of \$1000 will be paid to the winner(s).

Communing with the Saints

**Fridays at
8:00 PM following
Salutations**

March 7: 40 Holy
Martyrs of Sebaste

March 14: St. Melanie
the Younger

March 21: St. Joseph
the Hesychast

March 28: St. Cloud
of Paris



COME ALONG FOR THE RIDE

**MARCH
23
12:15PM-
3:45PM**

FIELD TRIP

**LUNCH & VISITING NEW
GRACANICA & ST. SAVA TO
VENERATE ST. MARDARIJE
BUS PROVIDED! YOU MUST RSVP!**



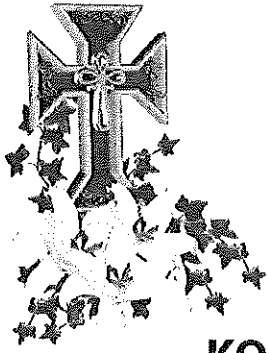
**QUESTIONS? EMAIL ALEXA AT
YOUTHDIRECTOR@HOLYPOSTLESCHURCH.COM**



Memorial Luminaria

If you would like to have someone remembered with a luminary on Holy Friday, please place your order by filing in the names of your love ones via the QR code, link below or in the multipurpose room by March 30th

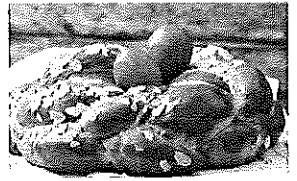
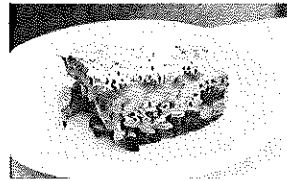
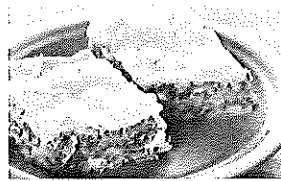
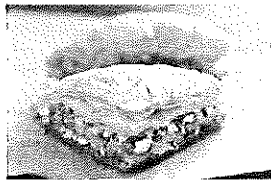




HOLY APOSTLES PHILOPTOCHOS EASTER

Drive-by Food Sale

**KOULOURAKIA | KOURAMBIEDES | PASTITSIO |
SPANAKOPITES | TIROPITES | TSOUREKI | BAKLAVA**



How to order:

Order during coffee hours March 23, March 30, & April 6.

Orders can also be placed online at www.tinyurl.com/haphilo2501 **March 1 - April 6** (no later than 6 pm).

Form of payments:

Payments accepted are cash, check (payable to Holy Apostles Philoptochos) or credit card online at www.tinyurl.com/haphilo2501

Pick up order days/times:

Pick up your order at the front of Holy Apostles Church on **Saturday, April 12 (11am - 12:30 pm)**. Enter via the south parking lot.

For further information:

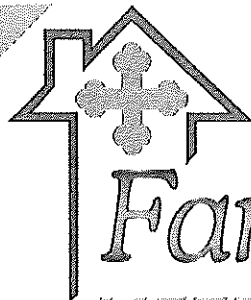
Contact Laura Pepke (laurapepke@gmail.com or call 630-291-7685) or Debbie Chiganos (debbchig@att.net).

scan to order ►



ITEM	SERVING	PRICE
KOULOURAKIA (<i>homemade</i>)	1 DOZEN	\$10
KOURAMBIEDES (<i>homemade</i>)	1 DOZEN	\$10
PASTITSIO (<i>Greek Islands</i>)	10 X 13 INCH PAN	\$35
SPANAKOPITES	1 DOZEN / TRAY	\$15
TIROPITES	1 DOZEN / TRAY	\$15
TSOUREKI	1.5 LBS.	\$15
BAKLAVA (<i>homemade</i>)	1/2 DOZEN	\$10

>> *Proceeds benefit Operation Classroom Initiative* <<



Family Synaxis
METROPOLIS OF CHICAGO

LENTEN RETREAT “FOLLOWING CHRIST ~~ALONE~~ TOGETHER”

STRENGTHENING FAMILIES THROUGH THE BOND OF COMMUNITY

Saturday, April 5 — 9:00AM - 3:00PM

Ascension of Our Lord Greek Orthodox Church
1207 Riverwoods Road, Lincolnshire, IL 60069



Keynote Speaker

**FATHER
GEORGE
DOKOS**

*Parish Priest
Holy Apostles Greek
Orthodox Church
(Westchester, IL)*

A retreat by families, for families!

How can we work together on our journey to Christ? What can the Fathers of the Church tell us about the Christian family and the secular world? Join us for this day retreat to explore the rich teachings of our Church and how we can become holy in our own homes.

- Prayer services as a family
- Parent workshops and discussions
- Children's games and activities
- Breakfast and Lunch provided

Register Now!

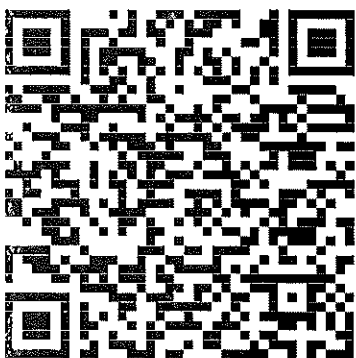
\$75 per family — Must Register by March 23

Ages 4+ (Toddler Care Unavailable)

Questions? Email Us at

chicago.family.synaxis@gmail.com

Or visit *www.gocfamilysynaxis.org*

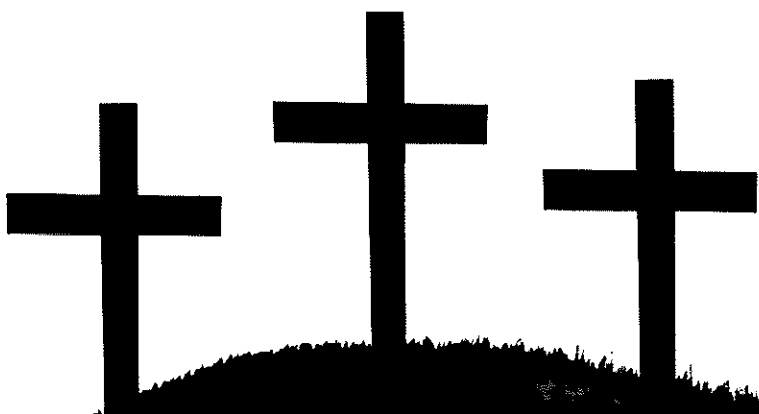
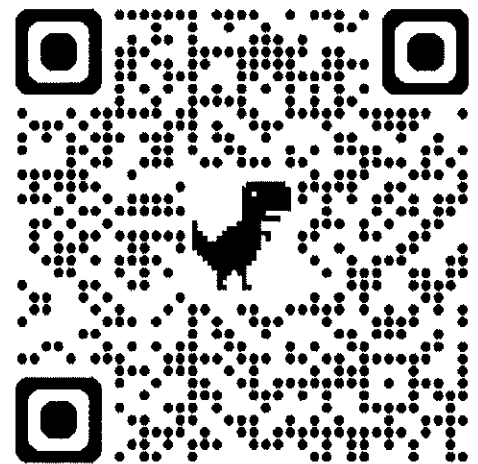


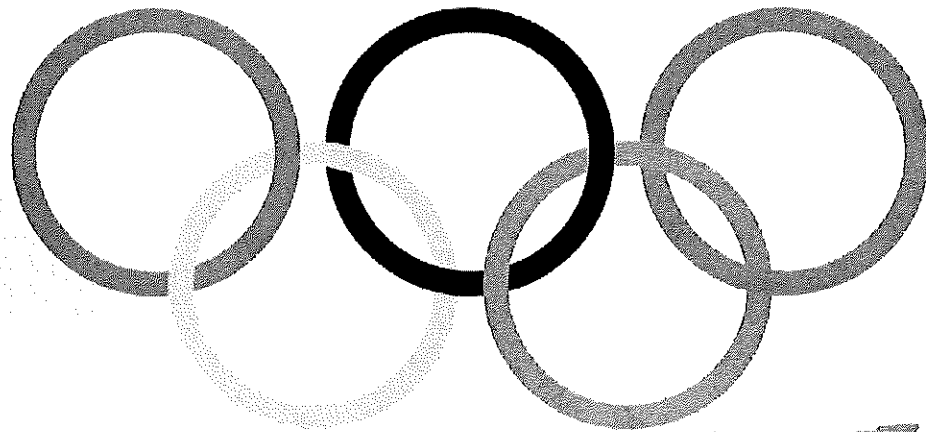
Good Friday

Retreat

All children in Pre-k through 5th grade are welcome to join us for our Annual Holy Friday Retreat on April 18th. We will begin after Royal Hours, at 10:30 AM and will end at 2:15 PM. All ages of volunteers are welcome! Anyone in 6th through 12th grade are encouraged to sign up to help with flowers, candles, eggs, and more! Any questions or if you need a note excusing you from school, please email Alexa at youthdirector@holypostleschurch.com

Please RSVP via QR Code:





REGISTER FOR
JUNIOR OLYMPICS

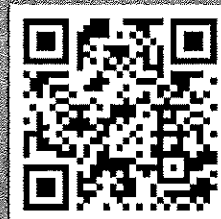
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MAY 24 & 25

SS. CONSTANTINE & HELEN

THERE IS NO FEE TO PARTICIPATE
IN JUNIOR OLYMPICS

AGES 7-18



REGISTER NOW

Faithtree Kids
SUPER SAINTS
Heroes of our Faith

VBS 2025

June 9 - 13th, 2025
Pre-K through 5th Grade

Save the Date!

CARNIVAL FRIDAY
12-2pm



VOLUNTEERS NEEDED

FOR VACATION BIBLE SCHOOL



Faithtree Kids
SUPER SAINTS
Heroes of our Faith

WE WILL BE VISITING THE "HALL OF FAME" OF
SUPER SAINTS FOR OUR VBS JOURNEY THIS YEAR

JUNE 9-13TH
8:45-12:00PM



SCAN TO SIGN UP

CONTACT: NICOLE 630-673-6635

INTERNSHIP INITIATIVE

2025-2026

ARE YOU SEARCHING FOR AN INTERNSHIP?

The PanHellenic goes “Beyond a Scholarship” for its Scholars and PanHellenic Young Leaders by providing internships through our Internship Initiative. We are pleased to be partnering with amazing companies to provide internships for high-achieving young professionals across the nation

Become a Panhellenic Young Leader and Meet with our Director of Alumni and Internships to discuss your internship search today!

BOOK A MEETING WITH
THE DIRECTOR OF ALUMNI
AND INTERNSHIPS



ARE YOU A COMPANY LOOKING TO FIND GOOD QUALITY INTERNS? BECOME A PARTNER COMPANY

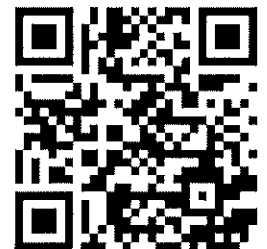


Discover New Talent: Tap into a pool of skilled young professionals ready to bring their perspectives to your company.



Make a Lasting Impact: Help shape the next generation of professionals in the Hellenic community by providing mentorship and real-world experience.

VIEW OUR
LISTINGS/LIST YOUR
INTERNSHIP HERE:



TO REQUEST A MEETING, OR FOR ANY QUESTIONS, PLEASE
CONTACT GEORGIA TSAKOS AT GTSAKOS@PANHELLENICSF.ORG



O Monoyenis Yios – Hymn of Justinian

Only begotten Son and Logos of God, being immortal.
You condescended for our salvation to take flesh from the
Holy Theotokos and ever virgin Mary, and without change became man.
Christ our God, You were crucified and conquered death by death.
Being one of the Holy Trinity, glorified with the Father and the Holy Spirit.
Save Us.

Apostoli Agii

Anastassiou

Ho -o- ly A -po- stles In -ter- cede- With the Mer -

Voice

A - po - sto - li a - yi - i pre - sve - sa - te to e - le - i - mo -

ci -ful God. That for - all - our - faults He may grant For - give - ness To our souls

ni - The - o i - na - pte - sma - ton a - fe - sin pa - ra - shi tes psi hes - i - mon.

The image shows a musical score for a voice part. It consists of two staves of music. The first staff begins with a treble clef, a common time signature (C), and a key signature of one sharp (F#). The melody is written on a five-line staff. Below the staff, the lyrics are written in a mix of English and Greek. The second staff continues the melody and lyrics. The lyrics are: 'A - po - sto - li a - yi - i pre - sve - sa - te to e - le - i - mo - ci -ful God. That for - all - our - faults He may grant For - give - ness To our souls ni - The - o i - na - pte - sma - ton a - fe - sin pa - ra - shi tes psi hes - i - mon.'

Sermon Notes

Holy Apostles Greek Orthodox Church
2501 S Wolf Road
Westchester, IL 60154
708.562.2744
Website: holyapostleschurch.com
Facebook: facebook.com/holyapostlescommunity