

# MOSAIC

Coming together, we form an icon of God's Kingdom

Vol. 7, No. 11

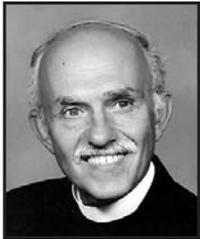
Holy Apostles Greek Orthodox Church 2501 S. Wolf Rd. Westchester, IL

March 2003

(708) 562-2744

www.holyapostleschurch.com

From Father Bill...



## Father, Forgive Them

For many Orthodox, the period of the Great Fast is solely a lesson on how to fast. However, when one examines the texts of the period known as the Triodion, it clearly reveals the preeminent theme is one of forgiveness, because nothing demonstrates the love of Christ more than forgiveness.

Literally, the Triodion is a book of hymns, scripture readings and prayers used for services in the Church. During this period the Canons or Odes that are chanted during Orthros are three instead of the usual nine, hence the name Tri-Odeon (three odes). Like a golden thread, the theme of forgiveness and repentance are carried throughout the forty days of Lent and the Great and Holy Week. We are prone to fall into a rut during Lent, focusing on the theme of fasting rather than forgiveness. What shall we eat or how often we are to fast are themes readily discussed.

As a priest, I've had the unique privilege of sitting or kneeling alongside many who are on the threshold of their eternal home. Recently, a family member, my mother-in-law, affectionately called yia-yia, came to the end of her earthly life. Members of the family had been maintaining a vigil alongside this beautiful and thoughtful person. When we were told to call all the family together, we knew the end had swiftly approached. As her grandchildren approached her, I encouraged them all to remember that yia-yia could hear whatever we were saying to her. I was personally touched as I could hear each one kneel beside her and whisper to her how much they loved her and completed their visit by repeating these words: "Yia-Yia, synhorese me," Grandma, forgive me. A remembrance of for-



Hieromonk Fr. Gerasimos Makris of the Holy Cross Seminary, Brookline, MA holds morning religious education class outside the Missionary Church of St. Mark, Chavogere Orthodox Mission, Chavogere, Kenya.

## Mission to Africa presentation to highlight Macaronatha Luncheon March 9

"Go and make disciples of all nations, teaching them to observe all that I have commanded you" (Matthew 28:19,20).

On Sunday, March 9, the Holy Apostles Parish Council members invite you to this year's macaronatha fellowship.

Our fellow parishioner, Spero Kinnas, will be presenting his personal missionary experience from the 2002 mission to Chavogere, Kenya.

The meal is offered to the community on behalf of the Council members. This year's offerings will benefit Holy Apostles Orthodox Missionary projects. The "Buy a Book for a Missionary Seminarian" program will be launched.

giveness at this precious moment of life is so significant.

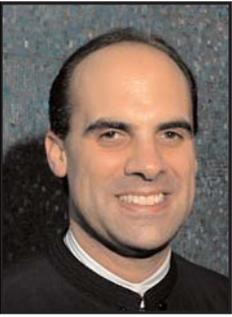
This has never been more evident than with Jesus' last words. Before His spirit left Him at Golgotha, He made seven significant statements while He was suspended on the cross. However, of all the most significant and profound final statements on record, none compare to the remarkable sayings of Christ

from the cross.

All four gospel writers briefly describe the place where Jesus' death occurred. They call it Golgotha, or the Place of the Skull. Luke, however, moves quickly from detailing the place of Jesus' death to giving an account of what He said in the final moments of His

...See Fr. Bill on P. 6

From Father Nicholas



## Slowing Down

Recently, the married couples' group, Synaxis, gathered and each person took a 'hurriedness' test. The test determined

the level of hurriedness and busyness in each person's life. "Have you ever complained about the service at a fast-food restaurant being too slow?" was one of the questions. Most people laughed but answered 'yes'. Many of us scored in the 'you have a terminal case of hurry sickness' category. Hurry is the curse of our age. Our lives are so busy with demands at home, at work, volunteering at church and in the community, and trying to be a good neighbor. We look for ways to do

more things in less time. Getting caught up in the intense pace can be rewarding. It's exciting when you get on a roll and your adrenaline starts pumping faster and faster. Busyness can be exciting, but it leaves little time to communicate with God and to hear His voice. The Psalmist tells us to "Be still and know that I am God." How?

Today the wind chill factor in Naperville is -9! The weather has been so cold over the ...see Fr. Nicholas on P. 8



## Gavel to Gavel



BY PETER POTERES... Parish Council Secretary

### Regular Parish Council meeting Thursday, January 23

Present: Fr. Bill, Fr. Nicholas, George Alex, Don

Alexander, John Anos, George Aravosis, James Banakis, Terry Chiganos, Sandy Fiascone, James Fotopoulos, Nick Kirkeles, George Mannos Jr., Peter Poteres, Dennis Poulos, Steve Savas, Peter Tomaras, Chris Zuales

Absent: George Chechopoulos

#### Meditation

✦ Fr. Bill commented how community unity was like a sequoia tree. It takes a long time and trust in God to grow a sequoia tree. The same can be said for the Holy Apostles community. Fr. Bill said that trust builds dependability, consistency, openness, a reputation to work hard, and a deepening spirit that brings us closer to God. Trust is extremely important for our community and Parish Council. The trust within our community has taken years to grow, but can take only a matter of minutes to tear down, just like a sequoia tree.

#### Minutes/Financial Reports

✦ The minutes of the December meeting were pre-distributed to all Parish Council Members for review. No revisions were noted. Nick Kirkeles reviewed the accountant's compilation report for December. Pending no revisions, Nick moved to approve the accountant's final report. The motion passed unanimously.

#### Stewardship

✦ As of December 31, the church has received 948 pledges totaling \$564,057 (\$548,591.50 paid) for an average pledge of \$595 for 2002.

#### Correspondence

✦ Peter Poteres read the correspondence that included the Diocese accepting and thanking the church for our 2003

Ministries Commitment.

✦ Fr. Bill distributed copies of the new Greek Orthodox Archdiocese of America charter as granted to the Archdiocese by the Holy and Sacred Synod of the Ecumenical Patriarchate.

#### Budget

✦ The 2003 budget was pre-distributed to all Parish Council members for review. No revisions were noted. Peter Tomaras urged that all Parish Council members become familiar with the budget. Jim Fotopoulos moved to approve the budget. It passed unanimously.

#### Building and Grounds

- ✦ The water fountain in the main hall needs to be replaced. A new two-level fountain will be purchased at a cost of \$1,865.
- ✦ A discussion was held on upgrading the women's front restroom. A quote was received for \$950 to take care of the floor. Frick and Frack will review the partition and commode status. A proposal will be ready for the February Parish Council meeting.
- ✦ An estimate has been received to quarry tile the lower schoolroom hallway and classrooms. The estimate came in at \$19,000 installed. This project will be reviewed at the February Parish Council meeting.

#### Ways and Means

✦ Peter Tomaras assigned the committee to schedule a Dinner/Dance in November 2003. George Aravosis, Chairman of the Ways and Means Committee, will begin preparing for the event.

#### Missions

✦ Spero Kinnas reported on the Holy Apostles mission program. Discussions

were held on the following topics:

- ▶ Creating a plaque recognizing fellow missionary parishioners
- ▶ The possibility of conducting a fundraiser for the mission program
- ▶ Possibility of purchasing or sending weekly books or audiotapes to missions
- ▶ The need to inspire and educate younger generations concerning mission work

✦ A slide show presentation will be given at the Macaronatha Luncheon this year.

#### Old Business

✦ The property for sale across from the church was removed from the market.

#### New Business

- ✦ The Standing Committee appointments list was distributed.
- ✦ A discussion was held concerning an Appreciation Dinner for those who volunteered service to the church. The month of June was mentioned as a possible date.
- ✦ An ushering handbook will be distributed to the new board members explaining duties.
- ✦ Fr. Nicholas stated the church ministry website will be updated. A request for a digital camera was made. Jim Fotopoulos said he would donate one.
- ✦ Don Alexander and Peter Poteres recommend that a Church Wish List be created for items that the church needs. Peter will follow up with George Alex in creating a list.
- ✦ Fr. Bill urged the council members to close the church office during the Divine Liturgy, so Parish Council members can attend with their families.
- ✦ Don Alexander mentioned the possible need for a pre-school. Don was asked to investigate the issue further.

## **Thousands of Orthodox books**

*will be on display for all to browse and purchase during this year's annual Celebration of Books.*

*Every day of the celebration, there will be helpful staff to provide recommendations and to assist in selecting*

*the perfect books for your library.*

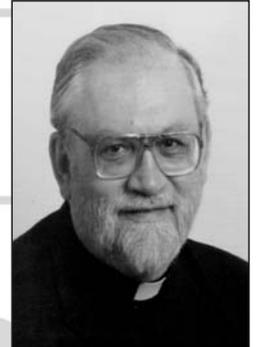
*Daily hours are 10:00am – 4:00pm*

*The Celebration of Books is Sponsored by  
The Metropolis of Chicago Religious Education Department*

**March 23rd Fr. Stanley Harakas**

**Seeking to See and Know the Lord and His Church**

Vespers 6:30pm Presentation: 8:00pm



**March 25th Dr. John Fotopoulos**

**The Vision of the Kingdom: Lord, Savior, Son of God**

**St. Paul's Perilous Proclamation**

Great Compline: 6:30pm Presentation: 8:00pm



**March 27th Fr. Peter Gillquist**

**Thy Kingdom Come**

Great Compline 6:30pm Presentation 8:00pm



## **The HARC CORNER**

### **Coming Home Why Protestant Clergy are Becoming Orthodox**

Edited by Fr. Peter E. Gillquist

Enjoy eighteen heartwarming and inspiring stories written by Protestant pastors who tell why they have come home to Orthodoxy. Follow their personal journeys as they candidly give reasons why they changed. With great respect for their own heritage, all have a deep love for Christ and share a desire for authentic worship in spirit and truth

Softbound, \$9.00

### **Islam Encounters Christ**

by Nahed Mahmoud Metwalli

This is the true chronicle of Ms. Metwalli, who was a committed and devout Moslem. She was unilaterally suspicious of Christians at every turn. Metwalli felt they were polytheists, i.e., that Christians believe in three Gods: the Father, the Virgin Mary, and the Son Jesus. As God saw her earnestness in wanting to know Him, He revealed himself to her, and she started on the road to becoming a baptized Christian.

Softbound, \$14.00

### **Sacred Doorways**

by Linette Martin

*Sacred Doorways* is a valuable resource handbook, if you will, to understanding iconography. It identifies the figures represented in sacred images, the meaning behind their gestures, the objects they hold, the settings and perspectives in which they are placed, and the colors which are used. Exposure to this knowledge only helps to expand your Orthodox Christian enrichment.

Softbound, \$24.00

*Reviewed by Pauline Franks and Elaine Regopoulos*



Mom, Cathy Beckman, left, watches, as Joe Xanthopoulos holds his godchild, Christine Beckman.

## Godparents' Sunday, an important tradition



Above, The Mandarino Family with their children and godchildren.

At right, Francine Daemickle holds her goddaughter, Nicoletta Marlowe, as her daughter Alexandra, left, watches.



Godparents' Sunday, held February 2, was once again a huge success. Over 300 godparents, godchildren and parents attended the fellowship luncheon, catered by The Mediterranean Deli. Many more celebrated the Liturgy together.

Kudos to Philoptohos and in particular, Eleni Kouimelis, JoAnn Stubbings, Cynthia Stathopoulos and their committee, for making this day very special.



Maria Bernardi, left, with her godmother, Bertha Kartinos, right.

## The Lamplighters brings Junior High kids together, more than just geographically

BY GEORGE J. DEMETRALIS  
(alias Mr. D.)

The Lamplighters, comprised of boys and girls of junior high age, meet at church Saturday afternoons four times a year. After a lesson, the group attends Vespers, then goes to a local restaurant for a meal and fellowship.

In a recent meeting, the lesson was the symbolic meaning of Christ's appearance in Revelation. "Then I (John the Evangelist) turned to see the voice that spoke with me. And having turned I saw seven golden lamp stands, and in the midst of the seven lamp stands One like the Son of Man, clothed with a garment down to the feet and girded about the chest with a golden band. His head and His hair were white like wool, as white as snow, and His eyes like a flame of fire; His feet were like fine brass, as if refined in a furnace, and His voice as the sound of many waters; He had in His right hand seven stars, out of His mouth went a sharp two-edged sword, and His countenance was like the sun shining



Lamplighters, front row left to right, Maria Stubbings, Chris Christou, and George Katerinis. Back row, left to right, Tony Achilles, Mr. D., Alexandra Plattos, Nicole Paleothodoros, and Michael Maragos.

in its strength." (Rev. 1:12-16) NKJV

When I asked my students what, for example, the phrases "clothed with a garment down to the feet," and "His eyes (were) like a flame of fire", say about Christ, they deeply moved me by the sincerity, clarity, and correctness of their answers. It was truly one lesson I was sorry to see end.

Following the lesson, we attended the Vesper service which was especially beautiful.

Then it was on to Paul's Pizza in Westchester for a delicious meal and fellowship, so important for boys and girls who live so far apart.

We should all be very proud of these kids. Note that my faithful assistant Nicole Paleothodoros, a high school junior, drives from Orland Park and Alexandra Plattos lives in Yorkville, 50 miles from here. May God continue to bless these kids and their families.

## The Holy Scriptures, an anchor and compass for my life

BY GEORGE J. DEMETRALIS

This article is targeted primarily towards boys and girls of junior high and high school age. Yet, it is hoped that people of all ages might benefit from it.

Growing up on a farm in Yorkville, Illinois in the 40s and 50s, my instruction in the Orthodox Christian faith was limited. My mother didn't drive and my dad worked seven days a week, so getting to All Saints Church in Joliet, 26 miles away, wasn't easy or frequent. I never attended one day of Sunday School. Therefore, my parents instructed my siblings and me in Orthodox Christianity as best as they could. However, their influence and example, coupled with the multitude of religious programs broadcast over the radio on Sundays, increased my desire to learn more about Christianity in general and Jesus Christ in particular, especially during my first two years of high school. It was approximately at that time that I learned Braille and obtained the King James Version of the Holy Bible.

I began my reading with the New Testament, and when I came to the "Sermon on the Mount," it increased my hunger and thirst for more. The passages that played the

biggest part in changing the course of my life were the description of the final judgment (Mt. 25:31-46) and the New Testament teachings on love (Mt. 22:35-40; Jn. 13:34-35; 1 Cr. 13:1-13; 1 Jn. 4:7-21).

By my senior year of high school, I had read the entire New Testament. Then starting at Genesis, I read the entire Old Testament and the New Testament yet again. When I visited Greece in 1959 for the first time, I was delighted by the multitude of Bible studies being held, especially for college students, and the excellent interpretations and commentaries on all the books of Scripture that had been written in modern Greek. At the School of Theology of the University of Athens, where I studied and received my degree, we had four years of Old and New Testament interpretation. Don't ever let anyone tell you that the Orthodox Christian Church is not a Bible-based church.

Recommendations: As soon as possible, begin reading the Bible. Start with the New Testament, continue with the Old Testament, then read the New Testament over again. Find a good modern English translation. I recommend the New King James Version, the Good News Bible, and the Revised Standard Version. The Orthodox Study Bible, which

contains the New Testament and Psalms, is also a good reference book to have.

Don't get discouraged because you can't understand everything you read, for example, the long genealogy lists and names of people and geographical locations unfamiliar to us today. You'll find that you will understand most of what you read and love it, too.

As you read, highlight or underline the passages you like. To illustrate my point, although I had been taught the Ten Commandments and the Our Father as a child, to actually read them in the Bible made a profound impression on me. Then, if you want to delve a little deeper, get yourself a bible concordance and a bible atlas. I also recommend Webster's Geographical Dictionary, which will help you relate many of the old and unknown geographical locations to today's geography.

Finally, if you have questions as you read through the treasure contained in the Holy Scriptures, there are many people at Holy Apostles who can answer them for you: the priests, your Sunday School teachers, Barbara Pappas, and Mr. D. What are you waiting for? Start reading. May the Scriptures become an anchor and compass for your life as they have for mine.

...Fr. Bill from P. 1

## Don't fast from forgiveness during Lent

When they crucified Him and the criminals, one on the right and the other on the left, Jesus was saying, "Father, forgive them; for they do not know what they are doing." (Luke 23:33-34)

It's hard to believe that anyone in Jesus' situation could speak such gracious words. When we've been severely wronged by others, it's difficult to offer forgiveness. Instead, we tend to harbor regret, bitterness, and anger towards those who have hurt us deeply.

When I read this text carefully, I discovered for the first time the Greek text suggests that He prayed for them repeatedly during the ordeal. In other words "Jesus kept on saying" is a more literal translation. As the soldiers placed Him on the cross, they heard, "Father, forgive them; for they do not know what they are doing." When they lifted Him into place above the ground, He prayed, "Father forgive them; for they do not know what they are doing." Each time people taunted Him and mocked Him as He hung in agony on the cross, He quietly interceded, "Father, forgive them; for they do not know what they are doing." With each cruel act, Jesus prayed for the forgiveness of His executioners. What amazing, unselfish love.

The Orthodox Church teaches us the value of forgiveness. The pre-Lenten period of the Triodion has four biblical themes for each Sunday:

1. Parable of the Publican and the Pharisee (Luke 18:10-14).
2. Parable of the Prodigal Son. A powerful example of unconditional love and forgiveness.
3. Parable of God's Final Judgment. Judgment Sunday, treating others as though they were the Lord Himself.
4. Forgiveness Sunday. Even if we learn to pray, how to repent, how to treat others, all are worthless unless we learn to forgive. The day before Lent begins, at the evening service, all the faithful ask forgiveness from God and from each other. It is a deeply moving experience for all.

When one travels from Jerusalem to the ancient city of Jericho, you are struck by the dry, treeless terrain. On the outskirts of this ancient city, pilgrims stop and pray at the beautiful monastery of St. Gerasimos, an oasis of flower beds and palm trees created by the Abbot Father Chrysostomos. When you leave the monastery and as you approach Jericho,

Last month, the Mosaic published an article showing how Prosphoro is baked by our dedicated volunteers. This month, we explain the symbolism on the stamp.

PROSPHORO(N) (Plural—Prospora) Prosphoro means Offering. We call it so because the bread is part of our offering. We offer the bread as a symbol that we offer ourselves to Christ. The bread and wine which the Priest uses for Holy Communion are offered by us, the people. Together they are called Gifts. During the service of the Divine Liturgy, they are called the Holy Gifts.

Shown below, is how the seal looks on

the top of the Prosphoro. The stamp which makes the impression is carved backwards, so that the image pressed into the bread will read correctly on the bread. The pieces the priest cuts from the Prosphoro are laid on the Holy Plate in this same arrangement.

In the center of the Prosphoro seal are three squares divided into four smaller squares. The letters contained in these squares are:

- IC which stands for IHCOYC (Jesus)
- XC which stands for XPICTOC (Christos)
- NIKA which means 'conquers'

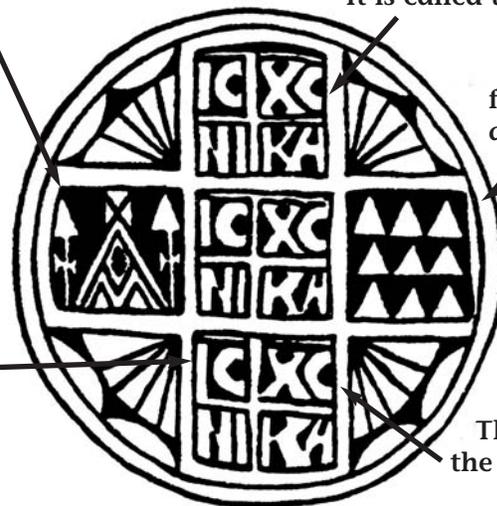
This part is for the Mother of Jesus, the Theotokos.

This center part is used for Holy Communion. It is called the "Lamb".

This part is for the living.

This part is for the Angels and Saints. \* See below.

This part is for the departed.



\*The nine triangles represent:

- 1) Archangels and Angels
- 2) John the Baptist and all Old Testament Prophets
- 3) The 12 and 70 Apostles
- 4) The Holy Fathers
- 5) St. Stephanos and All Martyrs
- 6) Monks and Desert Fathers
- 7) Healers such as Kosmas and Damian
- 8) Joachim and Anna plus the Saints of the day
- 9) The Liturgy we are celebrating (St. Basil, St. Chrysostom)

the dry earth gives way to lush, tree-lined gardens and walkways spotted with fruit groves and flower beds, another oasis in the desert.

What makes the difference? Water! For centuries on end, the cool, flowing waters of Jericho have refreshed and relieved the weariest travelers.

Questions: Is our church an oasis of forgiveness? Can weary, broken sinners find relief and mercy within its walls?

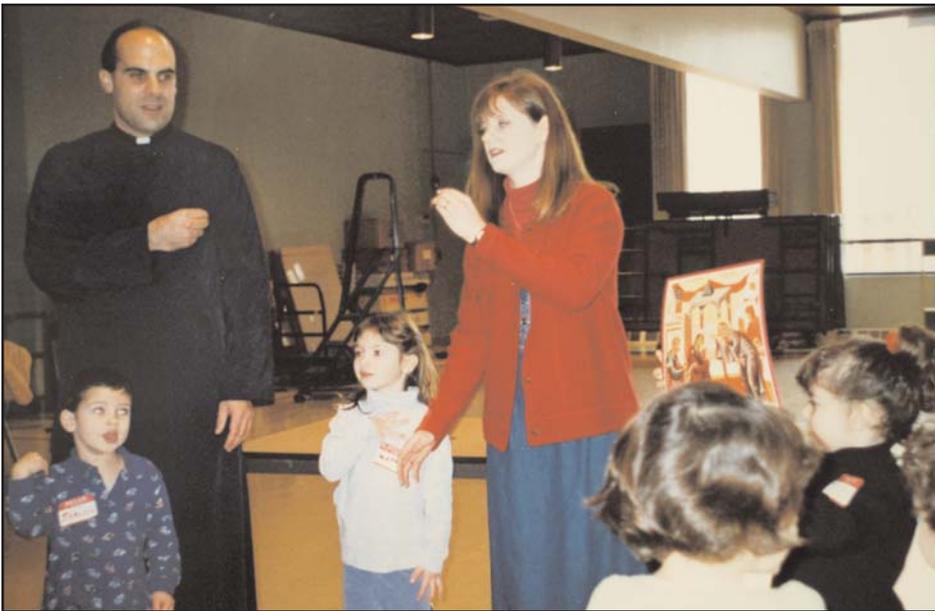
How about your home? Do you foster a safe, gentle environment where grace abounds, or do grudges run rampant?

...see Fr. Bill on P. 8

# Presvytera Michelle teams up with Fr. Nicholas to teach timeless truths to tots



Sophie Lekas presents her 'baby' to the Church for forty day blessing.



Fr. Nicholas and Presvytera Michelle teach the toddlers how to make the sign of the cross.

## Even though very young, toddlers are enthusiastic learners.

The Holy Apostles TOTS program has an exciting addition. Presvytera Michelle will use her expertise and experience in early childhood education to assist Fr. Bill and Fr. Nicholas in creating new and exciting ways to teach events as they occur in the Church calendar.



The TOTS assemble the Temple with building blocks.

This spring's topics started with Baptism in January, the 40-day blessing (the Lord in the Temple) and Confession in February and will continue with: Praying for Our Loved Ones (Saturday of the Souls), March 4; The Angel Visits Mary (The Annunciation), March 18; Let's Get Ready (Palm Sunday), April 8;

Pascha, April 22; Creation (Days 1-3), May 6; and Creation (Days 4-7), May 20.

Each session runs from 10:00-11:15 am and is divided into prayer and church time, activity centers, hymns and songs, and snack and fellowship.

For further information, contact the church. at (708) 562-2744.



Alexander Thiakos, left, and Olivia Thiakos, right, make valentine cards for Metropolitan Iakovos.

## March Registry

### Baptisms

Alyssa, daughter of Kimberly & Christopher Syregelas  
Sponsors: Marie & Bill Filopoulos

Peter, son of Catherine & James Anast  
Sponsor: Philip Anast

Amalia, daughter of Jennifer & Peter Mihalakakos  
Sponsor: Helen Burbles

Alexis, daughter of Mary & Aris Vasiliadis  
Sponsor: Alexandra Spann

### Weddings

None

## Philoptohos thanks the Dimitris for years of flapjacks

By CYNTHIA STATHOPOULOS

Philoptohos wishes to acknowledge Dean and Joan Dimitri and their sons Josh and Justin. They are one of the many behind-the-scenes supporters of Philoptohos. Despite having moved to Elburn approximately five years ago, the Dimitri family continues to arrive at 6:00am to cook for the communion pancake breakfast every year, as they have for over the past ten years or more. The humble family leaves after the long morning, never seeking recognition or praise.

The Dimitris had been a long-standing Holy Apostles family. They now attend services at St. George Church in DeKalb. In addition to cooking every year for the Communion Breakfast, they help with the loukoumades sale, and attend every Adventure Theater performance. Josh is currently serving in the Armed Forces and Justin, age 16,

...Fr. Nicholas from P. 2

## Slow your life down with prayer during Lent

last few weeks. Although I enjoy winter sports and snow, I am looking forward to spring. In the springtime we do spring cleaning: we take time to clean the windows, clean our homes, clean the garage, and clean and wax our cars. In the same way, we enter into the Lenten 'spring' this month. During Lent, the Church offers us many wonderful tools to slow down our lives, to cleanse ourselves and to free ourselves to grow closer to the Lord. Lent gives us a chance to focus on God and not ourselves. In slowing down our lives and focusing on the Lord, we will gain more of an understanding of ourselves. We will learn more about our own strengths and weaknesses and appreciate the great love that the Lord has for us.

How do we slow down and focus more on the Lord? Prayer. The Church offers and encourages us to pray more during Lent. We can pray at home, in the car, or on the Metra train. We can turn off the television and focus more on prayer. The Church offers many services throughout Lent to help us in our prayer life. Lenten services have a 'bright sadness'. The quiet sadness permeates the services. Services are longer and sometimes seem monotonous. There is very little movement in the services. Readings and chants alternate, but nothing seems to happen. In the services we experience monotony, a quiet sadness. Even though no action appears to be happen-



In the kitchen, l-r, Joan, Justin, and Dean Dimitri have been flipping pancakes for more than ten years at the annual communion pancake breakfast.

helps his parents in their continued family service to the Holy Apostles Community.

### Update on other items:

On March 23, Philoptohos will host the Celebration of Books reception following the

lecture. You are invited to bring Lenten baked goods to share.

There will be no Philoptohos general meeting in March.

...Fr. Bill from P. 6

## Lent begins March 10th



ing, there is much action - action in us. Slowly we begin to understand or feel the sadness as bright. A mysterious transformation takes place within us. We get to the place where noises, running around and the fuss of life have no power over us. Everything that seemed so important and dominated our mind, our high state of anxiety disappears and we begin to feel light and free. A deep happiness full of light, peace and joy fills us. We experience God's presence. The services that may seem monotonous help us to pass from our normal state of mind to a quieter state of mind. Longer services are to help us make that transition. What initially appeared to be monotony is really God's peace.

Apart from additional church services, we will offer March youth activities that focus on praying and Lent. The TOTS will be learning about praying for our loved ones and the Angel visiting Mary (the Annunciation). GOYA will be discussing forgiveness and participating in a service project. The WAY will be learning about praying in the Divine Liturgy and fasting.

As we get ready for spring and begin the Lenten 'spring', the Church offers us many tools and opportunities to grow closer to the Lord. Just as the trees and flowers bloom in the spring, our lives can blossom as we utilize these tools to slow down, to pray and to grow in our relationship with the Lord.

The challenge for all of us is to make this year's Easter season become more than a period of abstaining from foods and occasional prayer. Invest time at the foot of the cross. Reflect on Jesus' words: "Father, forgive them; for they do not know what they are doing."

Ask our precious Savior to help you release your feelings of anger and bitterness and to transform them into gushing streams of forgiveness and love.

Holy Apostles Greek Orthodox Church **March 2003** 2501 S. Wolf Rd. Westchester, Illinois

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Let us observe a fast that is acceptable and pleasing to the Lord. True fasting is to put away all evil, to control the tongue, to forbear from anger, to abstain from lust, slander, falsehood, and perjury. If we renounce these things, then is our fasting true and acceptable to God. ... the Lenten Triodion</i></p>						
<p><b>MEAT FARE SUNDAY</b> 8:00am Orthros 9:30am Divine Liturgy Coffee Hour</p> <p style="text-align: right;"><b>2</b></p>	<p>5:15pm The Way</p> <p style="text-align: right;"><b>3</b></p>	<p>10:00am TOTS Program Seniors Social Hellenic Golden Circle Luncheon, At St. Demetrios, Chicago 4:30pm Greek School 7:30pm GOYA Meeting</p> <p style="text-align: right;"><b>4</b></p>	<p>1:00pm Adult Christian Fellowship And Study Group 7:30pm Choir Rehearsal 7:30pm Catechism Instruction</p> <p style="text-align: right;"><b>5</b></p>	<p>4:30pm Greek School</p> <p style="text-align: right;"><b>6</b></p>	<p>4:30pm Adventure Theater</p> <p style="text-align: right;"><b>7</b></p>	<p><b>SATURDAY OF SOULS</b> 8:00am Orthros 9:00am Divine Liturgy</p> <p style="text-align: right;"><b>8</b></p>
<p><b>CHEESE FARE SUNDAY</b> 8:00am Orthros 9:30am Divine Liturgy Macaronatha Luncheon</p> <p style="text-align: right;"><b>9</b></p>	<p><b>LENT BEGINS</b> 12:00pm Sixth Hour 5:15pm The Way 6:00pm Holy Unction</p> <p style="text-align: right;"><b>10</b></p>	<p>12:00pm Sixth Hour 4:30pm Greek School</p> <p style="text-align: right;"><b>11</b></p>	<p>12:00pm Sixth Hour 1:00pm Adult Christian Fellowship And Study Group 6:00pm Presanctified Liturgy 7:30pm Catechism Instruction</p> <p style="text-align: right;"><b>12</b></p>	<p>12:00pm Sixth Hour 4:30pm Greek School</p> <p style="text-align: right;"><b>13</b></p>	<p>12:00pm Sixth Hour 4:30pm Adventure Theater 7:00pm 1st Salutations 8:00pm Choir Rehearsal</p> <p style="text-align: right;"><b>14</b></p>	<p><b>SATURDAY OF SOULS</b> 8:00am Orthros 9:00am Divine Liturgy</p> <p style="text-align: right;"><b>15</b></p>
<p><b>ORTHODOX SUNDAY</b> 8:00am Orthros 9:30am Divine Liturgy Loukoumades Sale</p> <p style="text-align: right;"><b>16</b></p>	<p>5:15pm The Way 6:30pm Complime Service</p> <p style="text-align: right;"><b>17</b></p>	<p>12:00pm Sixth Hour 10:00am TOTS Program 4:30pm Greek School 7:30pm GOYA Meeting</p> <p style="text-align: right;"><b>18</b></p>	<p>1:00pm Adult Christian Fellowship And Study Group 6:00pm Presanctified Liturgy 7:30pm Catechism Instruction</p> <p style="text-align: right;"><b>19</b></p>	<p>12:00pm Sixth Hour 4:30pm Greek School 7:30pm Parish Council Meeting</p> <p style="text-align: right;"><b>20</b></p>	<p>4:30pm Adventure Theater 7:00pm 2nd Salutations 8:00pm Choir Rehearsal</p> <p style="text-align: right;"><b>21</b></p>	<p style="text-align: right;"><b>22</b></p>
<p>8:00am Orthros 9:30am Divine Liturgy <b>CELEBRATION OF BOOKS</b> 6:30pm Vespers 8:00pm Presentation</p> <p style="text-align: right;"><b>23</b></p>	<p>5:15pm The Way 6:30pm Complime Service</p> <p style="text-align: right;"><b>24</b></p>	<p><b>ANNUNCIATION OF THE VIRGIN MARY</b> 8:00am Orthros 9:00am Divine Liturgy 12:00pm Sixth Hour 6:30pm Great Complime 8:00pm Celebration Of Books Presentation</p> <p style="text-align: right;"><b>25</b></p>	<p>1:00pm Adult Christian Fellowship And Study Group 6:00pm Presanctified Liturgy 7:30pm Catechism Instruction</p> <p style="text-align: right;"><b>26</b></p>	<p>12:00pm Sixth Hour 4:30pm Greek School 7:30pm Parish Council Meeting 6:30pm Great Complime 8:00pm Celebration Of Books Presentation</p> <p style="text-align: right;"><b>27</b></p>	<p>4:30pm Adventure Theater 7:00pm 3rd Salutations 8:00pm Choir Rehearsal</p> <p style="text-align: right;"><b>28</b></p>	<p style="text-align: right;"><b>29</b></p>
<p>8:00am Orthros 9:30am Divine Liturgy Coffee Hour</p> <p style="text-align: right;"><b>30</b></p>	<p>6:30pm Complime Service Coffee Hour</p> <p style="text-align: right;"><b>31</b></p>					

## Memorials

*Jean Contos  
Peter Contos  
Nota Vasiliou  
Areti Karones  
Vasilios Kordonis  
Anthony Kouimelis  
Bertha Kouimelis  
Georgia Siropoulos  
Constantine Mitsos  
Sophia Gilbert  
George Mantgaares  
Sophia Loukos  
Dorothy Kotsakis  
Maria Anestos  
George Tsicouris  
Efterpe Chechopoulos  
George Chechopoulos  
Elisabeth Chechopoulos  
Vasiliki Koritsas  
George Koritsas  
Constance Pantaz  
Evgenia Pavlopoulos  
Evgenia Theodorou  
Tracy Kasson  
Helen Kasson  
Stefania Vartelas  
Ellen Vartelas  
Helen Barmann*

## Loukoumades Sale

On Sunday, March 16, the Adventure Theater will sponsor an awesome loukoumades sale (\$3.50 per dozen and \$10.00 for three dozen), in the multipurpose room immediately following Divine Liturgy.

There will also be coffee and juice. You can purchase your loukoumades to go, or sit down at a table, relax, and enjoy.

## Funerals

*None*

## Stewardship

If you have not sent in your pledge for 2003, please do so.

## Mosaic Deadline

The deadline for the April Mosaic is Tuesday, March 4th.

## Weekday Services

### Saturday of Souls

Saturday, March 1, 8, 15  
8:00am Orthros  
9:00am Divine Liturgy

### Great Vespers

Saturday, March 1  
5:00 pm

### Sixth Hour

March 10, 11, 12, 13, 14, 18, 20, 25, 27  
12:00 pm

### Holy Unction

Monday, March 10  
6:00 pm

### Presanctified Liturgy

Wednesdays, March 12, 19, 26  
6:00 pm

### Great Compline

March 17, 25, 27, 31  
6:30 pm

### Salutations

Fridays, March 14, 21, 28  
7:00 pm

Holy Apostles Greek Orthodox Church  
2501 S. Wolf Rd.  
Westchester, Il. 60154  
(708) 562-2744

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