

**Holy Apostles 5K Family Run Walk**  
**Saturday, May 11, 2019**  
**Registration Form**

Name \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

Age category as of 5/11/19. Medals to top male and female finishers in each category:

_____ 8 yrs. and under Kids Dash	_____ 30-39 yrs.
_____ 9 and under 5K	_____ 40-49 yrs.
_____ 10-14 yrs.	_____ 50-59 yrs.
_____ 15-19 yrs.	_____ 60 and over
_____ 20-29 yrs.	

**T-shirt Size (first 50 registrants):**

_____ Child S	_____ Child L	_____ Adult M	_____ Adult XL
_____ Child M	_____ Adult S	_____ Adult L	

**Entry Fees: \$5 for Kids Dash / \$20 per participant 5K / \$50 per family 5K**

Race Day Registration available at 7:30 am

5K Race Time: 8:30 am

Kid's Dash Race Time: 9:45 am

Mail form with check payable to Holy Apostles to:

Holy Apostles Church

2501 S. Wolf Rd.

Westchester, IL 60154

Please sign required waiver:

In consideration of the foregoing, I, intending to be legally bound, do hereby for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive, release and forever discharge any and all rights, claims for damages and causes of action I have or may have against Holy Apostles Church and its members, race sponsors, and the city of Westchester, or their respective officers, agents, representatives, successors, assigns that may arise as a result of my participation in the Holy Apostles 5K Family Run and Walk and any pre and post-race activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and a licensed medical doctor has verified my physical condition. Further, I hereby grant full permission to any and all of the foregoing to use any photographs or any other record of this event for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if under 18 yrs.)